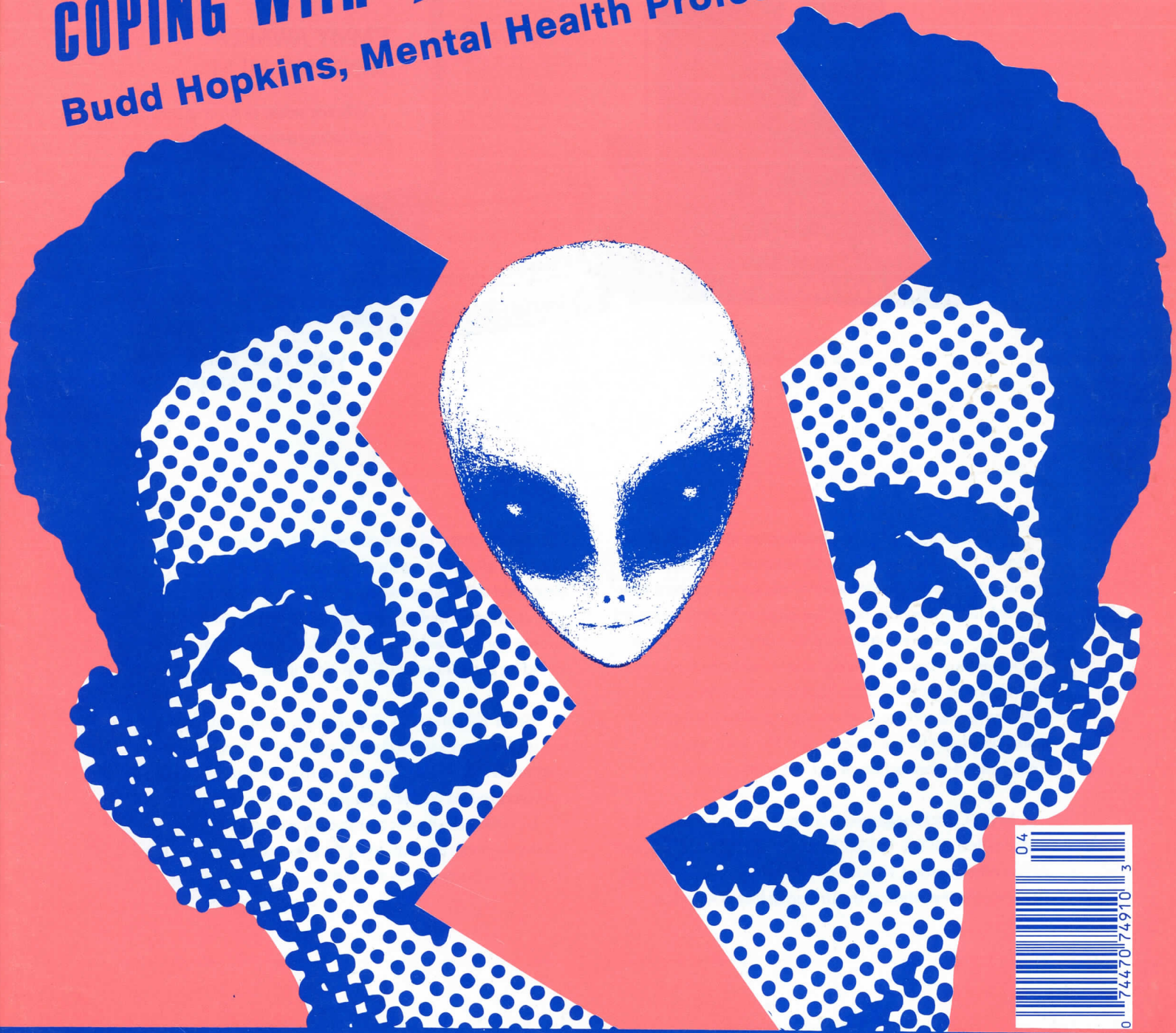
UFO

a forum on extraordinary theories and phenomena
Vol. 5, No. 4 1990 $3

COPING WITH ABDUCTION

Budd Hopkins, Mental Health Professionals Speak Out



PLUS: UFO 'Whistleblowers,' Mutilation Update, Sightings in Pennsylvania

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In 1979, while producing documentary films for the CBS station in Denver, Colorado, Linda Moulton Howe began research into the worldwide animal mutilation mystery. That research led to ranchers, law enforcement officers and others who had encountered strange lights, and in one case large black-eyed humanoids, in areas where mutilations occurred. Two witnesses were women whose dramatic hypnosis sessions raised serious questions about alien life forms using this planet for their own needs. The result was an Emmy award-winning film called "A Strange Harvest."

In 1983, Linda began work on another film for Home Box Office called "UFOS: The E.T. Factor." That spring at Kirtland AFB in Albuquerque, New Mexico, she was shown a "Briefing Paper for the President of the United States of America" about alien craft and grey-skinned creatures retrieved both dead and alive from crashed disks. The briefing paper described U.S. government communication with grey "extraterrestrial biological entities" since the 1940s. That information implied centuries of alien involvement here, including genetic manipulation of earth life.

Since 1983, the story of mutilations, human abductions and government knowledge about alien life forms has continued to evolve in complex and unpredictable ways. It took Linda over a year to assemble this 472-page book in an $8\frac{1}{2}$ by 11 format with 44 color and B&W photographs and over 100 documents, drawings and other historical reports. It is a synthesis of her research since 1979.

THE SPACE CRAFT FLEW OUT OF THE BLUE AND LANDED. THE OCCUPANT GOT OUT AND TALKED FOR 20 MINUTES.

LT. COLONEL WENDELLE STEVENS, U.S. Air Force Technical Intelligence

"I believe that these extraterrestrial vehicles and their crews are visiting this planet from other planets...I did have observation of many flights of them."
COLONEL GORDON COOPER, *Astronaut*

"It was almost a mid-air collision with a UFO. It pulled my helicopter up more than a thousand feet."
LT. COLONEL LAWRENCE COYNE, *U.S. Army*

"...The phenomenon reported is something real and not visionary or fictitious."
GENERAL NATHAN TWINING,
Chief of Staff, U.S. Air Force

"It was strewn over an area ¾ of a mile long...we didn't know what it was."
MAJOR JESSE MARCEL,
Intelligence Officer, U.S. Army

"I must insist upon full access to discs recovered...the Army grabbed [one] and would not let us have it for cursory examination."
J. EDGAR HOOVER *Director, F.B.I.*

"Air Force, Navy, and commercial pilots have revealed to me cases when a UFO would fly near them right off their plane's wing...highly secret government UFO investigations are going on that we don't know about."
SENATOR BARRY GOLDWATER

"It seemed to move toward us, then partially away, then return, then depart. It was bluish, reddish and luminous."
JIMMY CARTER
President of the United States

"Its shape was such that I don't believe it was made by mankind."
DR. BRUCE MACCABEE
Research Physicist, U.S. Navy

New York Times

"Though officials have long denied that they take 'flying saucers' seriously, declassified documents now reveal extensive Government concern over the phenomenon."
THE NEW YORK TIMES

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One of the most critical issues in this mind-bending field is how to deal with alien abduction. Investigators have been slow to endow this facet of ufology with the research attentiveness it deserves, but at least abduction specialists are out there. Serious inquiry into the treatment of abductees has been even slower to gain ground within the research community, much less among mental health professionals. A ghetto within a ghetto, abduction study among psychologists and psychiatrists has been virtually non-existent until very recently. In this issue's special section, we've tried to gather a cross-section of views on coping from a few of the most outspoken abduction researchers, among them Budd Hopkins, Jean Mundy, Virginia Tilly and Ed Conroy. It may be noticed that some "names" are missing. Perhaps later contributions by these others will warrant a similar effort in the future.

Other names have been noticeably absent from *UFO*—until now. The most glaring absence, many readers tell us, is one Milton William Cooper, a man who caps the term "whistleblower" when it comes to UFO data. It's been hard to break the ring of intelligence disinformation, and even harder to break our own pattern of avoidance when it comes to UFO personalities. But the pitch of b.s. in ufology has reached such an incredible shrillness that we had to take this stuff on. Granted, Cooper has been on the right track with his relentless vilification of the "secret government," bringing much-needed attention to the unbridled use of government covert action within ufology. It is reprehensible, *and* in direct defiance of the Constitution. But regardless of that, the mass of Cooper's information has proven eminently untrustworthy. Don Ecker's examination of Cooper's ufological background bears that out. In future "Whistleblower" articles, we hope to keep up this trend of truth-telling. It may cost us some friends . . .

Finally, our thanks to Linda Howe for allowing us a detailed preview of her latest research into animal mutilations—a most macabre mystery, and like abduction trauma and disinformants, too rarely exposed to the public.

Vicki Cooper

STAFF

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Vicki Cooper
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July/August 1990 Vol. 5, No. 4

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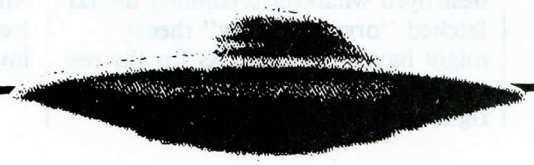


LETTERS

Editor:

It was with great interest and amazement that I read your recent article about Bob Lazar and the UFO activities at S-4 in Nevada.

Writer Steve Herman must have a very vivid imagination. I say this with some degree of confidence because I have never met the man. I have never seen him. I have never talked to him. And I certainly did not confide in him any of the information he claims to have heard from me.

Herman thinks it is my duty to come forward and spill every personal detail of my life so that an army of rabid UFO maniacs can pick over the pieces and then decide if I am telling the truth or not. The fact that I do not relish having my life turned upside down just to satisfy the curiosity of people I have never met is, to some, proof of my insincerity. That's too bad, folks. I did not come forward with my story in order to crack open the secrets of the universe, and I really don't care whether your readers believe me or not. The fact that you would print a bogus story from someone who makes false claims about knowing me only reinforces my original suspicions about the UFO field and the people who populate it.

Robert Lazar
Las Vegas, NV

Ed. Note: We sent Lazar's letter to Herman, but he has not responded and is currently out of the country.

Editor:

It is hard for me to believe that ***UFO Magazine*** would publish, as is, the one-sided, opinionated book review George W. Earley offered of Edith Fiore's book, ***Encounters*** (***UFO***, Vol. 5, No. 2). I read her book after reading many other books about UFOs and felt grateful to her for bringing a new side of encounters which most investigators do not cover. With their intention to prove "ego reality" to the world, the reality most people accept, some investigators are not sensitive enough to clients' need to integrate their experience by finding a deeper, more positive understanding apart from their initial fear. Fiore, being an experienced psychotherapist, has the sensitivity to offer the reader both sides, including examples of very positive experiences with UFO encounters. This allows people to realize that so many times, "what we see is what we get."

Our expectations or state of mind can make a difference in how we perceive what we experience, whether this is an emergence of inner realities or a UFO encounter. The point Earley tries to stress of Fiore's "lack of knowledge of hypnosis" is not accurate. Fiore, being a psychotherapist, received the basic training she needed in hypnosis at the time. She used it for so many years in useful and courageous ways that she became an expert. Any opinion she offers us is an expert opinion. I not only have read and effectively have used many of the specialized ways of working she has shared in her books, but have personally met some of her successful cases and have respect for her work.

There is a place for everyone's contributions, and different points of view are needed to expand humanity's awareness to a more holistic view. I was sad to read Earley's review because it seems incomplete, biased and unkind. I believe it can cause more harm than good, more so because he is an investigator himself. Is he perhaps reacting to Fiore because she is a Ph.D. psychotherapist and not a UFO investigator? Does he think, perhaps, that she is stepping on "forbidden" territory?

Helen S. Reiner
San Jose, CA

Editor:

In reading Vol. 5, No. 3 of ***UFO Magazine***, I am compelled to comment. Let's start with the science-fantasy of Jerome Eden. His glowing reference to John G. Fuller's egregiously ignorant no-nukes pot-boiler, ***We Almost Lost Detroit,*** destroyed whatever credibility his far-fetched "orgone energy" theory might have possessed. As for the rest of Mr. Eden's piece, the "science" is right up there with "Plan 9 from Outer Space." Other articles attempted to make a connection between nuclear technology and alleged UFO activity. Whether flying saucers exist or not is irrelevant to the need for exploitation of the peaceful atom for power in an energy-intensive society. We won't predicate the future electricity supply of America on the premise that hypothetical aliens pose a threat.

Bob Renaud
Washington, MA

Ed. Note:

Bob, you missed the point of our "atomic perspectives" issue. The existence of "flying saucers" may be irrelevant to our "exploitation of the peaceful atom," as you call it, but the documented flights of UFOs over sensitive nuclear facilities and other examples of demonstrable nuclear interest by the phenomenon are not. As with other proven dangers of nuclear energy, which include and are probably topped off by the irresponsible and ineffective management of wastes, such inexplicable infringements ultimately may pose grave danger to everyone's health and well being. Aliens may or may not be the culprits behind these events, but reports connecting these events with UFO sightings are certainly part of the ever-widening spectrum of UFO phenomena, and should be considered in that context.

Editor:

I have several comments I'd like to add to my article, "UFOs Overfly Atomic Sites" (***UFO***, Vol. 5, No. 3).

The Atomic Energy Commission was reorganized as the Nuclear Regulatory Commission (NRC) and the Energy Research and Development Administration (ERDA). Any inquiries regarding UFO policies and findings should be directed to these agencies.

If UFOs can interact with power sources and water resources, they could poison our water supplies and knock out our power. Whether from Mars or Moscow, they would be treated as threats to our national and international security.

George D. Fawcett
Lincolnton, NC

N E W S

But NOT in 'Mars'

Sightings in Pennsylvania

The rural area of Butler County, Pennsylvania was the site of a UFO wave earlier this year, according to Stan Gordon, director of the Pennsylvania Association of the Study of the Unexplained, in Greensburg.

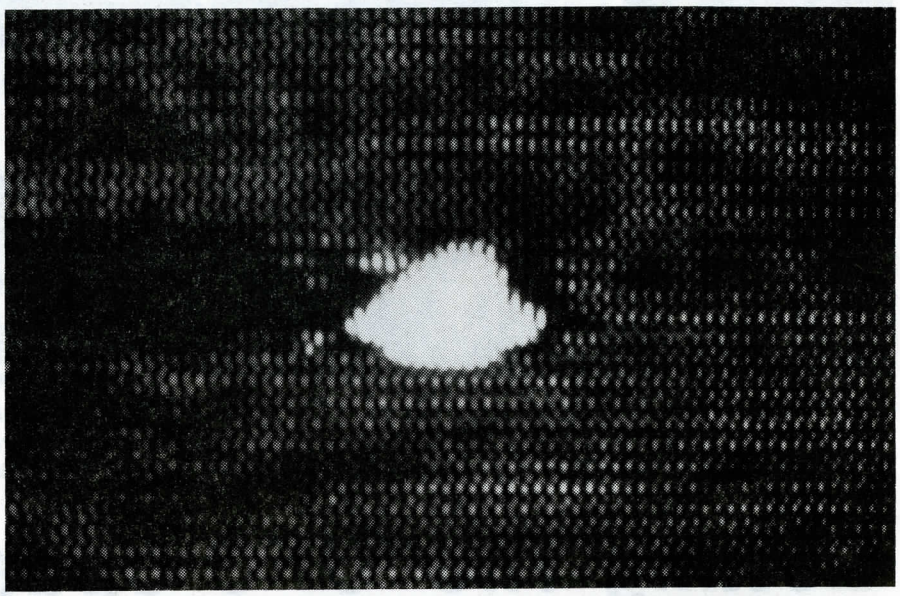
During early May, the UFOs in Pennsylvania received national exposure on a popular tabloid show, where they were erroneously reported to have appeared over Mars, PA.

"The sightings actually took place in Oakland Township, 20 miles away from Mars," Gordon said. "The Butler area has had a long history of UFO activity going back into the 1960s, with many low-level sightings and even occupant observations reported. Since last year, some significant UFO cases have been on the increase in that area."

On March 8, residents of Oakland Township discovered nine oval-shaped burn marks atop a grassy hill, and a similar mark was reported on the property of Jane Woodcock. On March 14, a brilliant hovering object was videotaped for approximately 9 minutes. The resulting tapes are being analyzed by PASU researchers and other ufologists.

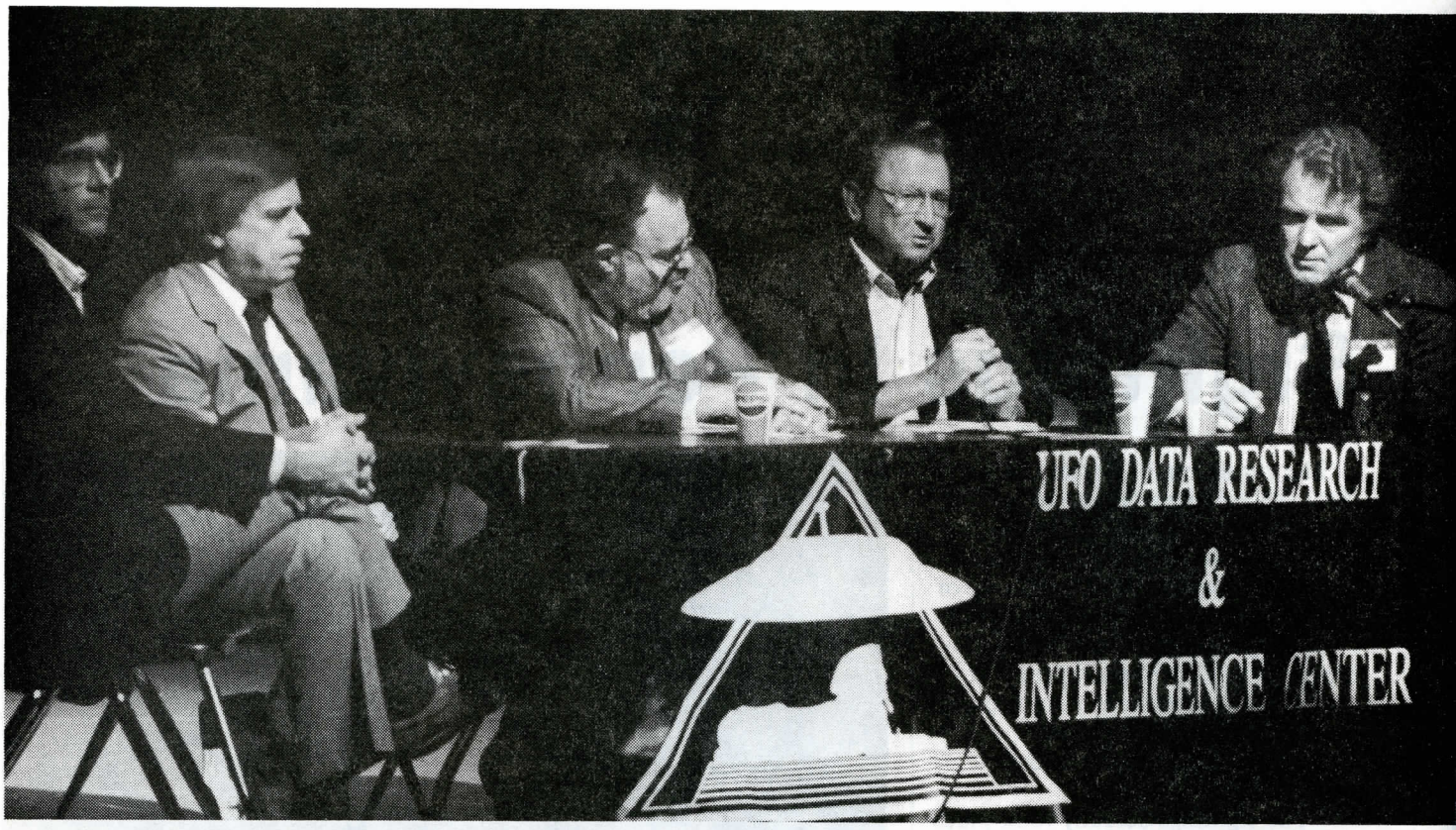
The wave actually began in 1989, when two observers in Butler County watched a bright, mushroom-shaped light hover over a field for about 10 minutes. The object made no sound, but apparently emitted two smaller red illuminated objects before all three moved off. Within a short time, two military-type jets came on the scene, and circled the area for about an hour before departing.

On the same night, a series of UFO sightings were reported from Westmoreland, Cambria, Blair and Somerset Counties as well.



CAUGHT—Still from UFO video taken over Butler County, Mar. 14.

SINGED—Burn mark found on private property in rural Pennsylvania.



***UFO PANEL**—San Francisco was the site of 'UFO Update 1990,' presented on April 22 and 23 by the UFO Data Research & Intelligence Center of Modesto, California. This distinguished panel of investigators tackled important ufological issues. From left: Daniel Drasin, Fred Beckman, Stanton Friedman, Jim Mc Campbell, Tom Gates.*

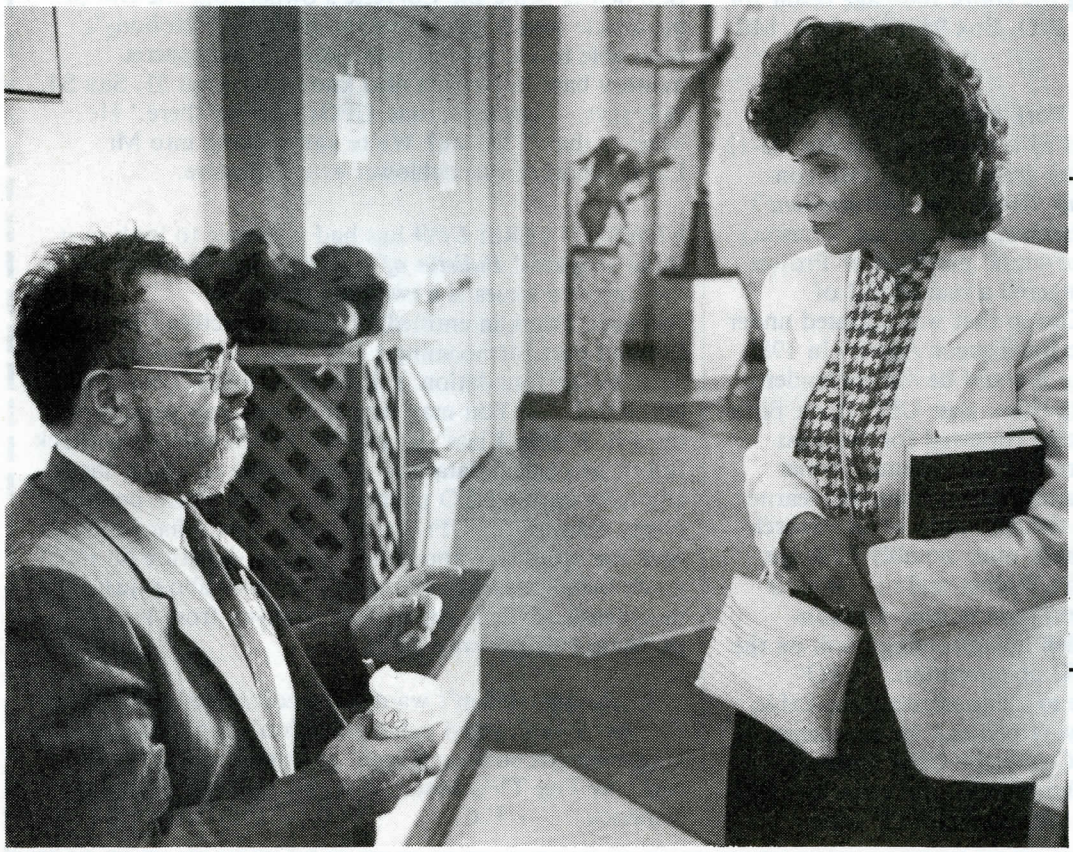
Getting The 'UFO Update, 1990'

***SCHEDULING**—Joyce Needles, director of parapsychology at the UFO Museum in Modesto, shares her conference schedule with Jim McCampbell.*

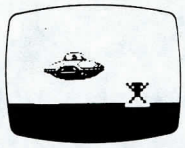
***CENTER VIPS**—Jack Malin, public relations director, and Marv Taylor, director of the UFO Data Research & Intelligence Center.*

IN TALK—*Dawn Abel, U.S. correspondent for the British publication* ***National Security Magazine****, chats about the problematic secrets of the UFO field with astronomer Tom Gates. Gates' talk was on 'UFOs—How Did We Get Into This Mess?'*

PHOTOS BY GEORGE T. KRUSE



THEY'RE HERE—*'Flying Saucers Are Real' was the tried-and-true lecture delivered by ufological veteran Stanton Friedman. In her talk, Dr. Edith Fiore explored the abduction phenomenon.*



UFO . . .
MediaWatch

The MJ-12 conundrum may have reached a plateau, if not an outright resolution—at least in the eyes of those UFO researchers who have spent the most time examining and dissecting every erstwhile conventionality, comma and typewriter idiosyncrasy within that troublesome sheaf of paperwork. Canada resident and ufologist Stanton T. Friedman has released what he calls his ***Final Report on Operation Majestic 12***, product of a grant from the Fund For UFO Research. Remember that the MJ-12 documents include a 1952 briefing document for then-President Elect Dwight Eisenhower, which details the Roswell crash and subsequent formation of a governmental UFO working group code-named Majestic 12, plus two other documents, the "Truman Memo" and the "Cutler-Twining Memo." (Those unfamiliar with any of this material—is that possible?—can easily update themselves. Just ask around.)

It is Friedman's contention, according to his letter to ***UFO*** dated May 28, 1990, that "the three primary documents are genuine and therefore of great significance and probably the most important U.S. government documents ever leaked to the U.S. public." All well and good, but the entire MJ-12 thing, unfortunately, has a very suspicious genealogy. Excuse me for harping, but the individuals initially receiving this leaked material are known to be working closely with government disinformants specifically interested in misleading the public. However, for those interested in Friedman's investigation, he is offering the entire 100-page result for $12. Order through him at P.O. Box 958, Houlton, ME 04730.

BOOKS: Meanwhile, New York author Howard Blum has notified ***UFO*** that the FBI is checking out the MJ-12 documentation. It's only one great tidbit of info connected to his new book, ***Out There: The Government's Secret Quest for Extraterrestrials***, (Simon and Schuster) which not only discloses the actual purposes of Project Aquarius, but may have fingered a real MJ-12 of sorts—the UFO Working Group that was initiated under the auspices of the Defense Intelligence Agency in 1987. ***Out There***, which looks like it could be *the* contender for the 1990s' championship title—Best UFO Book Both Factual *and* Exciting—is being reviewed for our next issue and will be in the store this fall. (Blum, former *New York Times* reporter and Pulitzer nominee, learned to work with sources from the spy trade when researching other books he's authored, most notably ***I Pledge Allegiance...*** about spy John Walker and his family.) . . . Author Keith Thompson reports that ***Addison-Wesley*** of Boston will publish his upcoming book on the symbolic aspects of the UFO phenomenon. "UFO events and images continue to demonstrate remarkable symbolic authority and staying power," he comments . . . In coordination with the ***Center for UFO Studies***, Kevin Randles and Don Schmitt will soon come out with their investigative book on the Roswell UFO crash.

TV: It's evident there's a media in-crowd when it comes to UFO reporting. Blum is slated to appear on the ***Oprah Winfrey Show*** and his book is already on the boards as a miniseries under the command of David Wolper and Warner Bros. Television . . . Ace newsman George Knapp has followed up his award-winning documentary ***UFOs: The Best Evidence*** with more dynamite reporting. He also exposes some of the machinations of whistleblower Bill Cooper, along with more info on Bob Lazar . . . ***KNBC News*** reporter David Garcia broke ranks with normally disparaging network types, who just won't be caught dead doing UFO stories, when he did a series of news segments on the Roswell UFO incident. CBS, that bastion of news tradition, chided NBC with a quick sweeps-week promo that said, "Get Real, NBC," there's no such thing as UFOs, (or words to that effect). Is there hope for network news? Not if this sort of thing is SOP.

MAGAZINES: In this department, a strange story in the May issue of ***Car and Driver*** shows off a customized vehicle tabbed as "One man's mission to become invisible," none other than the Stealth Corvette. This gas-eating piece of work—seemingly second only to NORAD in its surveillance capabilities and high tech communications systems—is the big-boy toy of a mysterious gentlemen whom some have said is none other than...Bob Lazar! (They call him "Bob" in the article.) Bob denies being the Corvette's owner, but the end of the article says it all. "Bob" is quoted, " 'Nobody's been able to get into Groom Lake,' a supersecret military base in Nevada also known as Area 51. Site S4, Bob says. 'They have nine UFOs kept up there.' He believes that." Do we? We're still looking into Mr. Lazar, another whistleblower extraordinaire.

NEWSLETTERS: ***UFO*** has had a chance to look over Budd Hopkins' ***Bulletin of the Intruders Foundation***. In the first two issues is a two-part article by Penelope Franklin entitled, "How Abductees Cope." (Second part forthcoming.) For more information on IF, write to the foundation at P.O. Box 30233, New York, NY 10011 . . . You may hate him, but you gotta love his grit. Phillip Klass' ***Skeptic's UFO Newsletter*** is chock full of ufological data and gossip, none of which sheds any light on the UFO phenomenon, but which provides empty calories for UFO trivia buffs. Got a hankering to hear the other side about the Truman signature on that much ballyhooed MJ-12 memo? Or how about just how much cash advance Ed Walters received from his publisher? Check with Phil.

In closing—I don't want to be considered a rip-off artist, but I can't resist using television's most yummy and epigrammatic so-long slogan, so sweetly purred each night by Fox TV's Maury Povich . . . Until next time, America . . .—*V.C.*

Upcoming Events

JUNE 28, 29 & 30: THE ROCKY MOUNTAIN CONFERENCE on UFO Investigation will present speakers Ann Druffel, Michael Grosso, Ph.D., and Rauni Luukanen-Kilde, M.D., of Geneva. Brochures with registration information can be obtained from the School of Extended Studies, Frat Row, University of Wyoming, Laramie, WY 82071.

JULY 6, 7 & 8: UFOs: THE IMPACT OF E.T. CONTACT UPON SOCIETY is Mutual UFO Network's theme for its 5-session 1990 symposium in Pensacola, Florida. Guest speakers include Ed Walters, Rev. Barry Downing, John Brandenburg, Budd Hopkins, Carey Baker, Brian O'Leary and Rima Laibow, plus many others. More information is available from MUFON headquarters, (512) 379-9216.

JULY 14 & 15: PHANTOMS OF THE SKY—UFOLOGY INTO THE '90s will be Britain's contribution to the UFO event roster this year. An international array of speakers includes Jenny Randles, Perry Petrakis, Budd Hopkins, John Keel and Peter Hough. More are planned. Write: Phantoms, 84 Elland Rd., Brighouse, West Yorkshire, HD6 2QR, England.

SEPT. 7, 8 & 9: SECOND ANNUAL NATIONAL NEW AGE & ALIEN AGENDA CONFERENCE, sponsored by Timothy Beckley, presents over 25 lectures and workshops. Featured personalities include Betty Andreasson, Billy Goodman, Brad and Sherry Steiger, Dr. Frank Stranges, Dr. Brian O'Leary, William Hamilton, Christa Tilton and William Oribello. "Max" the crystal skull will also be on display. Special price: $110 for all lectures and the Saturday night banquet. (Admission to workshops is additional.) For registration information, call (212) 713-5976 or (602) 230-5381. Or write the Conference at Box 753, New Brunswick, NJ 08903.

SEPT. 12-27: STAR PEOPLE TOUR to Peru will be led by Brad and Sherry Steiger and will highlight mysterious sites such as the Nazca lines and the "lost city" of Macchu Picchu, plus other sites. A deposit to reserve space on the tour is due by Aug. 12. Contact Visions Travel at 9841 Airport Blvd., Suite 520, Los Angeles, CA 90045.

OCT. 13-14: OMEGA CONFERENCE, 1990, features Jacques Vallee, Travis Walton, Ann Druffel, Stanton Friedman, Antonio Huneeus, Ed and Frances Walters, Harry Lebelson, Paul Devereaux, Fred Max, Gene Phillips and Brian O'Leary. Contact John White, Omega Conference, P.O. Box 2051, Cheshire, CT 06410.

NOV. 3: UFOs IN THE 1980s is the public part of a private three-day retrospective co-sponsored by the Center for Santa Barbara's Humanistic Studies and Center for UFO Studies in Chicago. Public papers from academicians and ufologists will be presented. Special guests include David Jacobs, George Eberhart, Mark Rodeghier, Edward Bullard and Bruce Maccabbee. Event will be held at Santa Barbara's Lobero Theater. More information is available from Gordon Melton, P.O. Box 90709, Santa Barbara, CA 93190.(805) 967-2669.

ET Clearinghouse Announces TV Show

Rick Edwards, director of the nonprofit ET Clearinghouse in Palm Springs, has announced the release of a pilot episode of "UFO Spotlight," a weekly news/documentary focusing on UFO and extraterrestrial-related issues.

Edwards expects to be broadcasting the program by satellite shortly. "More than 23 million people have seen UFOs," Edwards explains. "The public wants to know what is going on, but traditional news media only occasionally offer a brief news clip of a particular event and treat it as entertainment or comic relief. There is currently no serious national television coverage."

According to Mr. Edwards, "UFO Spotlight" will fill this void in television programming for continuous, in-depth coverage of UFOs and

related subjects. "The program will explore the impact of the extraterrestrial presence on this planet and our civilization."

Interviews with leading researchers, authors, and UFO investigators were recently videotaped at the Ozark UFO Conference in Eureka Springs, Arkansas. Portions of these Ozark Conference interviews will be included in the pilot program and in subsequent shows.

Is Michael Jackson Really UFO Serious?

Pop icon Michael Jackson had barely recovered from a bout of severe chest pain when the *New York Post* reported that the star has scouts checking out Nevada real estate on which to build a UFO landing site.

The June 7 article is echoed by Michael Luckman of the New York Center for UFO Research, who claims to have a trustworthy "inside source" who confirmed the tale. "Many rock stars have had UFO contacts and/or believe in UFOs," Luckman said. "I'd like to get Jackson to expand his efforts—perhaps perform at a 'Concert for the Stars.' "

The site Jackson allegedly seeks eventually will be equipped with devices to attract UFOs, but Luckman thinks the rock star should also think about mobile units that could go to other UFO hotspots.

F O R U M

The Reality of Abduction

By Jacques Vallee

In our last issue, writer Don Ecker reviewed the new book by scientist and UFO researcher Jacques Vallee, ***Confrontations****. Vallee took exception to some facets of the review. Because of its length, we are running his response as a Forum article.*

The review of ***Confrontations*** (Vol. 5, No. 3) calls for a response and a few comments.

On the topic of abductions, Don states that "the evidence is overwhelming that this mystery has affected possibly thousands of individuals in a manner that far exceeds any possible psychosis." I totally agree with that statement. Where did I ever say that abductees were victims of psychosis?

On the contrary, ***Confrontations*** gives several examples of abduction cases that I have personally researched: the episode with Mrs. Victor in Chapter 6 fits a classic pattern. I have said that, in such reports, "I cannot agree with Philip Klass' conclusion that the witness is making up the whole episode. The abduction experience is real." Why is there such confusion, then, about my position on this issue? Simply because I do not believe that everything retrieved under hypnosis should be taken at face value.

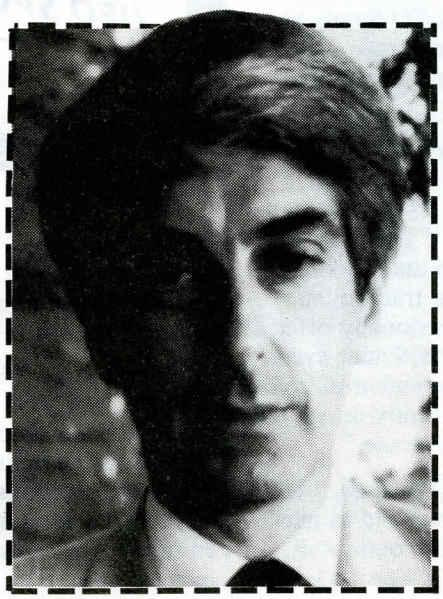
I have stated (and will continue to state) that much of what passes for abduction research today is unscientific, unethical garbage that reeks of standard cult recruitment techniques. My appeals to more caution have infuriated some abduction researchers, who have made up the story that "Vallee rejects all abduction cases." Nothing could be further from the truth. Not only do I accept these cases, but I believe their evidence is much too important to be treated in the superficial way evidenced in the work of many "abductionists." I refer the reader to the ten-page discussion of the issue in ***Confrontations***, starting on page 170.

On the extraterrestrial origin of UFOs, my position is clear, too. If the witnesses are telling the truth about the behavior of the phenomenon, then it could be from anywhere at anytime. This naturally includes other planets in outer space, and I have not rejected this hypothesis; I only think it is insufficient. And there are many other, possibly more promising hypotheses that have not been seriously considered.

How could I "close my mind" to the possibility of extraterrestrial intervention? It is an hypothesis I defended vigorously 25 years ago. But we cannot be dogmatic in front of the data that has been accumulating during that period, much of which now contradicts the first level ETH (extraterrestrial hypothesis) to which most of American ufology is still clinging. It is time to open our minds to other possibilities.

Don rightly notices that I have not treated the issue of "saucer crashes," notably Roswell, in ***Confrontations***. This may seem to be an important omission, but it was the result of a conscious decision, which was clearly disclosed at the very beginning. In the introduction, I took pains to state that I regarded three important topics to lie outside the scope of the book. They were the possible relevance of cult movements to the UFO phenomenon, cattle mutilations and government intervention and "cover-up." There is much to say, as everyone knows, about all three subjects, but a scientist learns to focus on a single issue at a time. The central theme in ***Confrontations*** was field research methodology and physical evidence. I may develop the other topics in a future work, and the Roswell crash (and other crashes) will then be treated under the rubric of "Government intervention and cover-up" where it rightly belongs.

In the meantime I did describe in great detail the analysis of physical samples reported to have come from UFOs, several of which I have in my possession and can supply to colleagues who would like to analyze them. I cannot make the same statement about the Roswell material, and I do not know anyone who can. It would have been inappropriate to mention Roswell in a book on the analysis of UFO evidence, no matter how many people have become fascinated with this particular story, because there is no Roswell material available to be analyzed. Again it is a case of individual readers projecting their own expectations into a very complicated topic, and expressing their frustration when conclusions are presented which differ from their own. There is very little I can do, as a scientist, to alleviate this problem. But I am grateful to Don Ecker for having set the framework for a useful and timely debate.



Jacques Vallee

Part I: Focus On Bill Cooper

THE WHISTLEBLOWERS

By Don Ecker

Who are the UFO whistleblowers? They come out of relative obscurity and burst into the center of ufological attention, making incredible claims of alien activity on earth and the government's deep but covert involvement. Without exception, the whistleblowers of recent times only furnish the most hazy evidence of their claims, if that.

Oftentimes they will also lay claim to having worked with or for the government, in high enough positions to wield security clearances and to have observed the most unequivocal documentation.

Because these individuals fail to furnish proof for their startling claims, and because many people have asked ***UFO Magazine*** *for a readout on their credibility, we are beginning a series of investigative articles on certain individuals who fall into the "whistleblower" category. Normally,* ***UFO*** *avoids focusing on personalities, preferring to concentrate on the phenomenon itself.*

But these personalities force us to make an exception. Their material has appeal and sensation value. But is it legitimate? Who are the whistleblowers who are telling the truth? Who are the ruthless Pied Pipers forging a trail of lies and deception? Our series begins with Milton William Cooper.

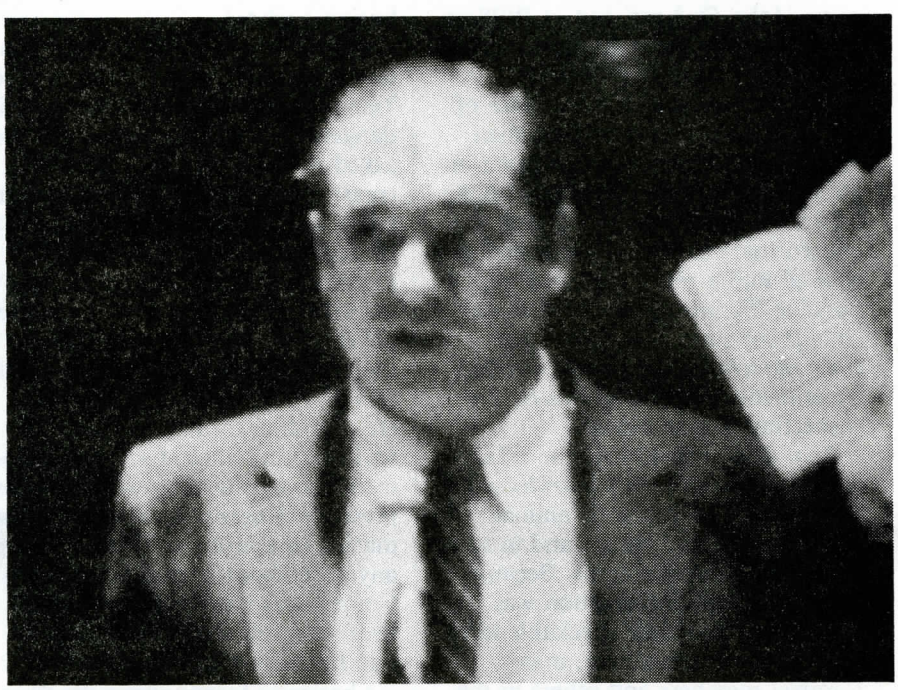
In the last several years, few have stirred the field of ufology like Milton William Cooper. Cooper, born May 6, 1943, is a balding 47-year-old man who has enthralled thousands with lurid tales of dangerous UFOs and secret government treaties allowing the alien menace to abduct and experiment on unwilling human victims in exchange for advanced alien technology.

Raining threats and pronouncements over the UFO field like a continuously firing shotgun, Cooper has recently leveled charges of government spookery against a number of prominent ufologists in the field, in many cases claiming to have seen their names on a government recruitment list back in 1972 and 1973 while he was purportedly serving in Naval Intelligence in CINCPACFLT (Commander-in Chief, Pacific Fleet).

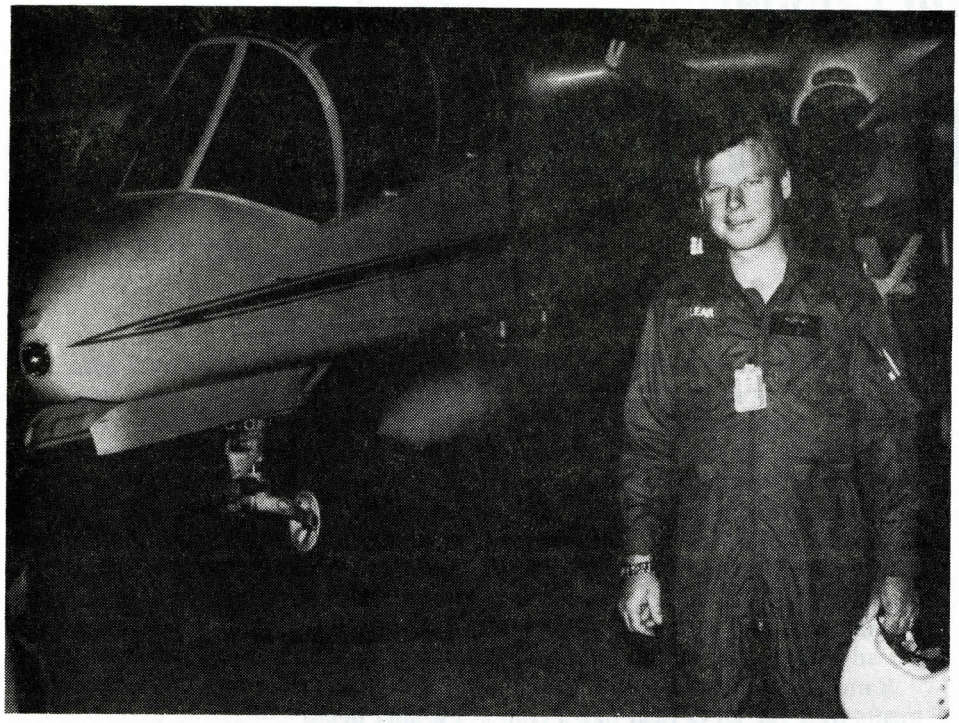
Not above accusing former friends and associates, Cooper has charged various ufologists with illegal acts, moral turpitude and of purveying disinformation that permeates the field. Now with an agent to book speaking engagements at any and every UFO event possible, Cooper is very fond of stating to his audiences, "Don't take my word for it, go out and check the information yourself." ***UFO Magazine*** has, and the following is the result of our investigation.

Paranet debut

Who is M. Wm. "Bill" Cooper, and where did he come from? Cooper's first public appearance resulted when he uploaded a text on ParaNet, the international computer data service. The file alleges a fantastic UFO sighting while Cooper was a crew member of the U.S.S. TIRU, a United States Naval submarine, in 1966. According to Cooper, the sighting took place while



PUBLIC IMAGE*—In his lecture presentations, Cooper floods UFO audiences with fantastic claims. 'Check it out for yourself,' he says.*



COMPANY MAN?—Pilot and UFO researcher John Lear, himself the bearer of alien tales, was once on friendly terms with Cooper. But Cooper has since spurned him, saying he spreads disinfo for the CIA.

he was on duty as port lookout. Claiming that the sub's skipper immediately classified the incident, Cooper reported that when the submarine reached port, the witnesses were debriefed by Naval Security.

During this time frame of Cooper's initial appearance on the scene, John O. Lear, son of William "Bill" Lear of Lear Jet fame, had also been undergoing ParaNet scrutiny as a result of the release of his hypothesis concerning an alien threat. Lear's document, released in December of 1987, had created quite an uproar in its own right. Lear alleged that the U.S. government had entered into a relationship with a possible ET intelligence, and in exchange for super technology gave *carte blanche* to the ETs to conduct experiments and abductions on unsuspecting human beings.

Lear also claimed that the ETs, with our government's knowledge, were mutilating domestic animals such as cattle and sheep, and in some cases even human victims. Because much of Lear's information was hypothesis, and little checkable information was forthcoming, many ParaNet members and others in the UFO community were asking very hard questions. In a number of instances, Lear's credibility was attacked.

When he again visited the ParaNet system, Cooper allied himself with Lear, publicizing the claim that because of releasing his UFO information, he had just been terminated from his $75,000 a year job as the executive director of a commercial business school.

In October of 1988, Cooper contacted this writer, requesting a favor. Telling me at that time that "this is dangerous if anyone finds out," he asked me to accept the electronic transfer of a file into my computer, to be sent to Stanton Friedman with the information of who wanted Friedman to see it. The document included information about purported government UFO involvement—under the terms MAJI, MJ-1, THE BLUE TEAM, GRUDGE, etc.—and, according to Cooper, various other alleged secret government projects dealing with the alien presence. I agreed to send the information to Friedman. (I never heard anymore about it until later, when Cooper was barred from ParaNet because of claims of feeding false and fraudulent information.)

I basically forgot about the file to Friedman, until Cooper released additional files with the claim that they were the final release. But subsequently, Cooper was to issue several "final" releases. In one, he claimed, "MJ-12 is the name of the secret control group . . . The Jason Society [was set up] to sift through all the evidence, technology, lies and deception . . ." But later, in another file, he stated, *"MJ-12 cannot be used as a name for the control group as it would cause confusion in meaning, i.e., is it referring to MJ-12 the person or MJ-12 the group...?"* (Italics added) By this time, I and others were becoming confused with the various "final releases."

Project 'Luna'

In another public release, Cooper claimed that "Project Luna" was an alien base on the far side of the moon which had been observed by various astronauts, but changed the story in one more "final release," stating that it was the code name for an underground base near Dulce, New Mexico.

In Cooper's later releases are a number of names that were never mentioned in earlier releases, names such as JOSHUA, and O.H. KRLL, or KRLLL, or CRLL, CRLLL, or even KRILL. When it comes to answering whether these claims will bear up under serious scrutiny, these names prove to be very important, as later information in this article will show.

Cooper later claimed that the reason the documents were "different" was because he wanted to throw the government off his trail until someone would verify that what he said was the truth. He stressed that "It does not matter who is right and who is wrong or if a project name is in the wrong place. . . we must all band together and expose it now."

As time progressed, Cooper severed all ties with other researchers in the UFO field. At one time a very close confidant of John Lear, Cooper has turned on Lear and now accuses him of being an agent of the Central Intelligence Agency. At one time Lear was in fact employed as a pilot with Continental Air, a CIA contract airline, and claims a number of anonymous sources for his own data, facts which may lend suspicion to his background and information. But Lear denies any current alliance with the agency and no one has been

able to prove otherwise.

Starred on 'Happening'

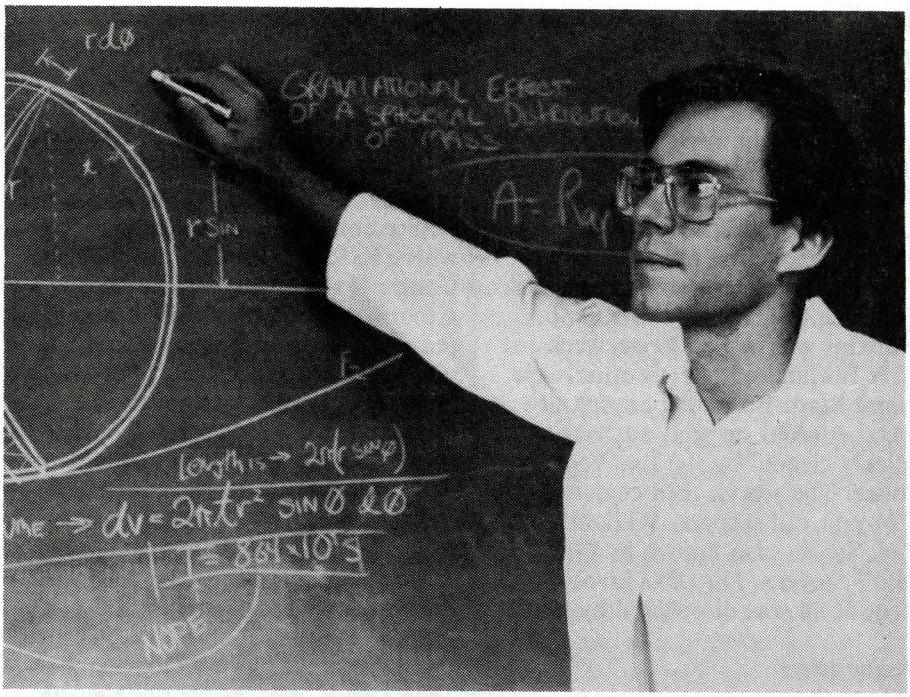
Cooper now operates an electronic bulletin board service, the Citizen's Agency for Joint Intelligence (CAJI). In his last two electronic newsletters, Cooper has leveled charges against numerous people in the UFO community. When anyone challenges him, he will once more blast the questioner as an "agent of the secret government."

Cooper has been a star guest on the "Billy Goodman Happening," a recently-revived radio show broadcast on KVEG-AM in Las Vegas. Another alleged former government employee, physicist Robert "Bob" Lazar, appeared on the Goodman radio show. Initially Cooper was lavish in his praise of Lazar's willingness to come forward to expose the cosmic secret. Now, like Lear, Lazar is suffering Cooper's allegations of being a purveyor of intelligence disinformation.

In a previous edition of his newsletter, which was released during the first half of April, Cooper charged that Lazar, the "self claimed physicist who worked on saucers, was arrested today for participation in one of Las Vegas' prostitution rings. He was also accused of running a drug lab which manufactures methamphetamine." When Lear heard about these allegations against Lazar, he said, "It's all fabrication and fantasy."

And at that time, it was. There is record of police interest in Lazar during that time—Lazar had admitted on television that he had set up software for a bordello, and shortly thereafter members of the Las Vegas vice squad, bearing a warrant, searched his premises. The bordello was subsequently closed by police, but Lazar wasn't formally arrested and charged until June 4. A plea negotiation ensued, and Lazar ended up pleading guilty to one count of felony pandering. But at press time, no other charges had been filed, and no suspicion of drug activity has ever been officially or unofficially voiced.

With respect to all of these allegations against Lazar, Cooper claims



CHALKING IT UP—Since his entrance into the UFO arena, physicist Robert Lazar has had to face not only Cooper's allegations, but a felony charge as well.

'You know, I am just a guy who is really interested in UFOs,' said Cory Testa. 'Why would Bill say I said something like that?'

to have received the information from John Lear, as well as from two additional UFO buffs, Cory Testa and Geoff Graff. Testa, when told of Cooper's statements, was shocked at the allegation that Lear had claimed Lazar was facing drug violations. Testa states, "I still believe that he (Lazar) is real and [that] John Lear never said anything like that." Testa later called back and said that he had talked to Cooper, and that Cooper had denied naming him as having said anything about Lazar. The paragraph from the CAJI newsletter was read to him four times and he responded sadly, "You know, I am just a guy who is really interested in UFOs, and I never wanted to get involved in anything like this. Why would Bill say I said something like that?" For his part, Graff vehemently denies ever making any statements of this nature to Cooper.

More charges

Additional charges in Cooper's newsletter included naming Lear and Lazar as members of a "ring" of government agents that "include the greats of ufology." Cooper also named Bruce Maccabee, William Moore, Jaime Shandera, Stanton Friedman, and made similar allegations about others left unnamed at that time. With that document, Cooper left the impression that the others would include whomever questioned his sources, information or allegations.

Cooper also claimed that Stayce Borland, a woman who at one time led a Las Vegas contactee group, was murdered after she had sponsored a talk with Budd Hopkins and had received a document from a man who reportedly worked at "Dreamland," site of high-tech aircraft testing and alleged alien activity at Nellis Air Force Base.

Also alleged in Cooper's CAJI newsletter was that when still active-duty Air Force NCO John Grace took over Borland's contactee group, and when the police investigation into her murder was

started, the list of the contactee group members and the sign-in sheet from Hopkins' talk were missing.

These were serious inferences, if true, so *UFO* immediately contacted George Knapp of KLAS-TV in Las Vegas. Knapp and his associates had looked into the Borland murder in the course of producing the KLAS-TV documentary, "UFOs: The Best Evidence." According to Knapp, Hopkins was in Las Vegas weeks after Borland and her brother were found dead. Borland's boyfriend was the initial suspect, but was quickly cleared by the Las Vegas Police. The search then centered on a 24-year old suspect, William Mitchell Smith, also known as William "Bo" Stevens. No UFO involvement at all was discovered by police.

Knapp letter

In a now-public letter to Michael Corbin, director of ParaNet, Knapp states, "Bill Cooper wouldn't know the truth if it bit him on the ass..." Then, in reference to Cooper's allegation of a ufological spy ring, Knapp wrote, ". . . a secret organization is highly unlikely. Moore (Bill) and Lear can't stand each other.

"Moore and Friedman have tried to contact Lazar through me on several occasions. . . Some of the individuals have provided me with proof of Cooper's dishonesty, proof that will be made public in the near future."

Knapp was true to his word. In part five of his second UFO special recently aired by KLAS, Knapp pointed out one such occurrence where serious questions about Cooper's information were raised. According to Cooper, in his purported viewing of a top-secret government document in 1972-1973, he saw information about O.H. Krill, which according to Cooper stood for "Original Hostage Krill."

The problem with this particular claim by Cooper, however, comes from the two people involved in the O.H. Krill document. The origin of the controversial document has been known for some time in the UFO field. Conceived by UFO researcher John Grace, who heads the Nevada Aerial Research organization and who uses the pseudonym "Val Valerian," the title was chosen as an inside joke, according to both Lear and Grace. Lear told *UFO* that he heard Cooper tell a television interviewer that he (Cooper) had seen the O.H. Krill document back in the early '70s. That made Lear turn "beet red," he said. He motioned for Cooper to speak to him privately.

Lear then informed Cooper, "Bill, O.H. Krill is a joke! John Grace and I used 'Krill' from Bob Emenegger's special, 'UFOs: It Has Begun,' because of a woman who allegedly channeled an entity named CRYLLL. Grace just pulled the O. H. out of thin air!" According to Lear, Cooper flatly disagreed, saying, "No, I saw it in 1972." Lear said, "I dropped it then. I could see that there was no talking to him. I then began to wonder just how much of Bill Cooper was real."

Sources questioned

Cooper alleges that Lear is the shadowy Condor from William Moore's anonymous intelligence "aviary." Cooper happened to tell this to Testa, who was then an associate of Lear's. "Everyone I was associated with—Cooper claimed that they were government agents."

Moore's apparent association with unnamed government agents has also brought him under fire by many in the UFO community. His admitted participation in a disinformation scheme and claims of ongoing associations with these agents have incited a good many suspicions, which, in Cooper's case, have mushroomed into full-blown allegations. When asked about Cooper's claim that Condor is actually Lear,

Cooper's Comments

In his CAJI newsletter, Cooper stated that "No one likes to be a fool, but most ufologists are exactly that. I keep saying to do research, to investigate, but no one does it. They just sit around and call each other names." This reporter, representing *UFO Magazine*, attempted to contact Cooper to verify his claims by leaving a message on his computer service.

Cooper read the message and called about an hour later. When I answered the phone, Cooper growled, "What the hell do you want!?" When I attempted to explain that I was doing a story for *UFO* and wanted to verify his claims, he shot back, "What are you writing for your ****in' trashzine?" I then said that I had received a copy of the CAJI newsletter and he replied, "I would be very careful if I was you. That newsletter is copyrighted."

Cooper then stated, "I don't trust you or anyone you are associated with." The only response I was able to get concerned the allegation that Bob Lazar ran a speed lab. "John Lear told me that out of his own mouth . . . I got the information from a man named Cory and Geoff who are good friends of John Lear."

Just at that moment the phone rang with the call waiting feature, and Cooper refused to hold 'til I could find out who was calling. He refused to speak any further and hung up. This seems out of character for a person who claims that his information is legitimate.

As *UFO Magazine* was going to press, and as we expected, Cooper's newest newsletter attacked this writer and the magazine. Cooper now claims that Cory Testa was intimidated by *UFO* regarding the claims that Bob Lazar is involved with drugs, and that *UFO* or myself or both are a part of Cooper's paranoiac "secret government."

The absurdity of this speaks for itself. But for the record, *UFO* will attempt to get Testa's version of this. Researching and accurately reporting facts are not Cooper's strong suit.—*D.E.*

Moore vehemently denied it.

Moore was advised that in the CAJI newsletter, Cooper made the claim that the tape of Condor was placed in voice analysis, and that he had unscrambled it, *proving* that Lear was Condor. Moore laughed at that and stated, "There is nothing to undo, nothing to unscramble! Jaime and I masked Condor's voice through a vocoder.

"The vocoder is a device that runs the sound source through a mike, then to a sound source sending it to a voice envelope to a vocoder. Nothing of the human qualities are left to unscramble."

When asked about the additional allegations of his being identified as a government operative, Moore stated, "It is absolutely false. You know, I am getting tired of all these accusations. Cooper is always wrapping himself up in the flag and Constitution . . . whatever happened to the basic right of being innocent until proven guilty?

"I have never spoken to Cooper or had as much as a single correspondence with him," he added, saying he had been given a copy of the CAJI newsletter, had just read it, and was amazed at the contents.

Moore's name, of course, was supposedly on that list of people to be recruited as government agents, which Cooper said he viewed in 1972 and which included the names of Stanton Friedman, John Lear and Bruce Maccabee. He also claimed that Bob Swan, apparently a former Navy buddy, was also informed of this back in 1972. When questioned by mutilation researcher Linda Howe and former reporter Tony Pelham, among others, Swan stated for the record that the only thing he remembered was "something to do with UFOs."

It would appear that Moore evidences few reasons to have aroused government interest 18 years ago. He did not really come into the UFO scene with any great splash until the publication of ***The Roswell Incident***, in 1979. Moore said that in 1972 he was employed as a teacher by the Herman Community Schools, Independent District 264, in Herman, MN, where he taught from fall of 1969 until spring of 1979. Along with teaching, Moore was active in the teachers union, number 32 Local. It would appear that back then he would have been a very unlikely candidate for government recruitment to the intelligence services.

Lazar's comments

There is still much that is unknown about Bob Lazar. But even with his relatively short duration in the UFO limelight, Lazar is burned out with the field. Under the most intense scrutiny by the UFO community, and now facing a criminal charge, he made his UFO claims public with the express goal of stopping the harrassment he says he's undergone. Cooper's allegations of drug involvement amount to one more good reason for his revulsion against the UFO field.

When he spoke to ***UFO***, he explained his research lab and various scientific equipment in it. "The 'speed lab' (the term used in the CAJI newsletter) might be explained by my work with high-tech jet cars," he stated. "Cooper is an intelligent man, and the two times I've seen him . . . well I hate to call someone a psychopath, but he really acts crazy. He seems to believe a lot of what he says to the point he will fight about it and get violent." Lazar was referring to physical violence, and added, "On the only two occasions I have seen him—and there was liquor involved, not beer or anything, but liquor—he did get violent. I walked in [to Lear's house] with my sister-in-law . . . after a brief time talking to Cooper, he got up, screaming and throwing stuff around. He was a lunatic."

'Cooper is an intelligent man,' Lazar said, '...but he really acts crazy. He seems to believe a lot of what he says to the point he will fight about it and get violent.'

Another of Cooper's allegations is that Lear, once in the company of Cooper and several others, called Lazar up and asked him to send a hooker over to Lear's home. Lazar counters, "That's absurd, and why it's absurd is that my involvement with the bordello was in January of 1990. It mainly involved some electronic work and setting up software. I saw Cooper long before that, and in either case I would not be the guy anyone called [for a prostitute]. I had no connections to get anyone [to perform illicit acts]. I deny his whole allegation." (The criminal case pending against Lazar will be covered in the next issue of ***UFO***.)

"Everyone seems to have a Bill Cooper story, and mine is a paper I wrote in Los Alamos concerning Project Excalibur," Lazar offered, referring to an earth-penetrating, nuclear-tipped missile designed to destroy underground facilities.

"I wrote that [paper] in 1988. I had a witness there while I typed that word for word. I printed it out; Lear was hot on the trail looking for connections, and that filled everything in for [Lear]. He essentially had all the [Project Excalibur] information that was to be had.

"John then gave a copy to Bill Cooper, and I heard Cooper reading it verbatim, word for word, at the (1989) MUFON convention. He claimed to have seen it in the mid-'70s. I then heard him on the Billy Goodman show. I called him; he recognized the voice. He said he knew who I was. I then asked him, 'Bill, that Excalibur missile thing, did you get that at John Lear's or did you read that in the '70's?'

"I gave him an out if he had forgotten. He said no, 'I read that word for word in 1973.' I said okay and thanks. That was my first confirmation that this guy was a complete liar."

According to Lazar, the Excalibur document was then only a year old, while Cooper was claiming to have seen it in 1973—16 years before.

The next installment of Whistleblowers will continue Bill Cooper's story and begin a look at Robert Lazar. (UFO Magazine invites Cooper's response.)

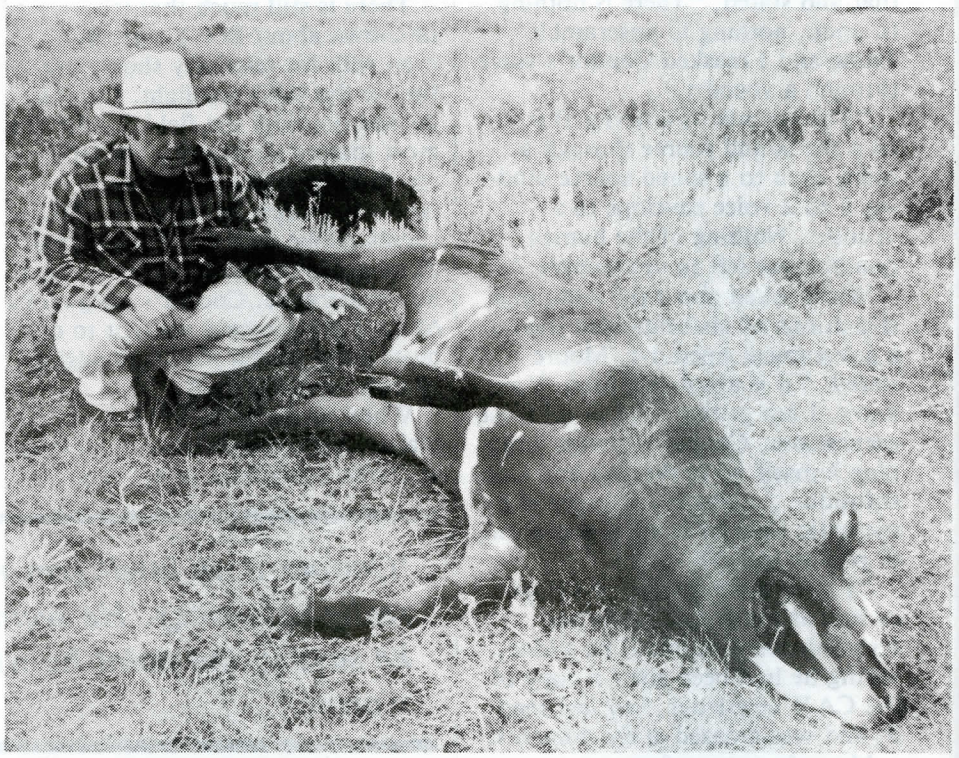
The 'Harvest' Continues

Animal Mutilation Update

By Linda Moulton Howe

In 1989, there were so many cattle mutilations in southern Idaho that Bear Lake County Sheriff Brent Bunn told me, "We haven't seen anything like this since the 1970s." Sheriff Bunn sent me 16 neatly-typed "Investigation Reports" about cattle mutilations that had taken place in his county between May and December. Over half occurred in a remote valley called Nounan. Only eighty people live there. Ranching is their main income source, and cattle are precious. Disease and predators are old and well-understood enemies. What descended on Nounan, Idaho in the summer and fall of 1989 was not understood—and it scared people.

Bloodless and precise cuts—that's what bothers people. Officer Gregg Athay wrote in his mutilation report, "There were no visible signs of the cause of death. It appeared that only the soft tissues (nose, lips and tongue) were gone off the head and four nipples off the bag. Again there was no blood on the hair and ground."



Rancher Steve Somsen next to mutilated female cow. (July 23, 1989)

BEAR LAKE COUNTY SHERIFF'S OFFICE Paris, Idaho

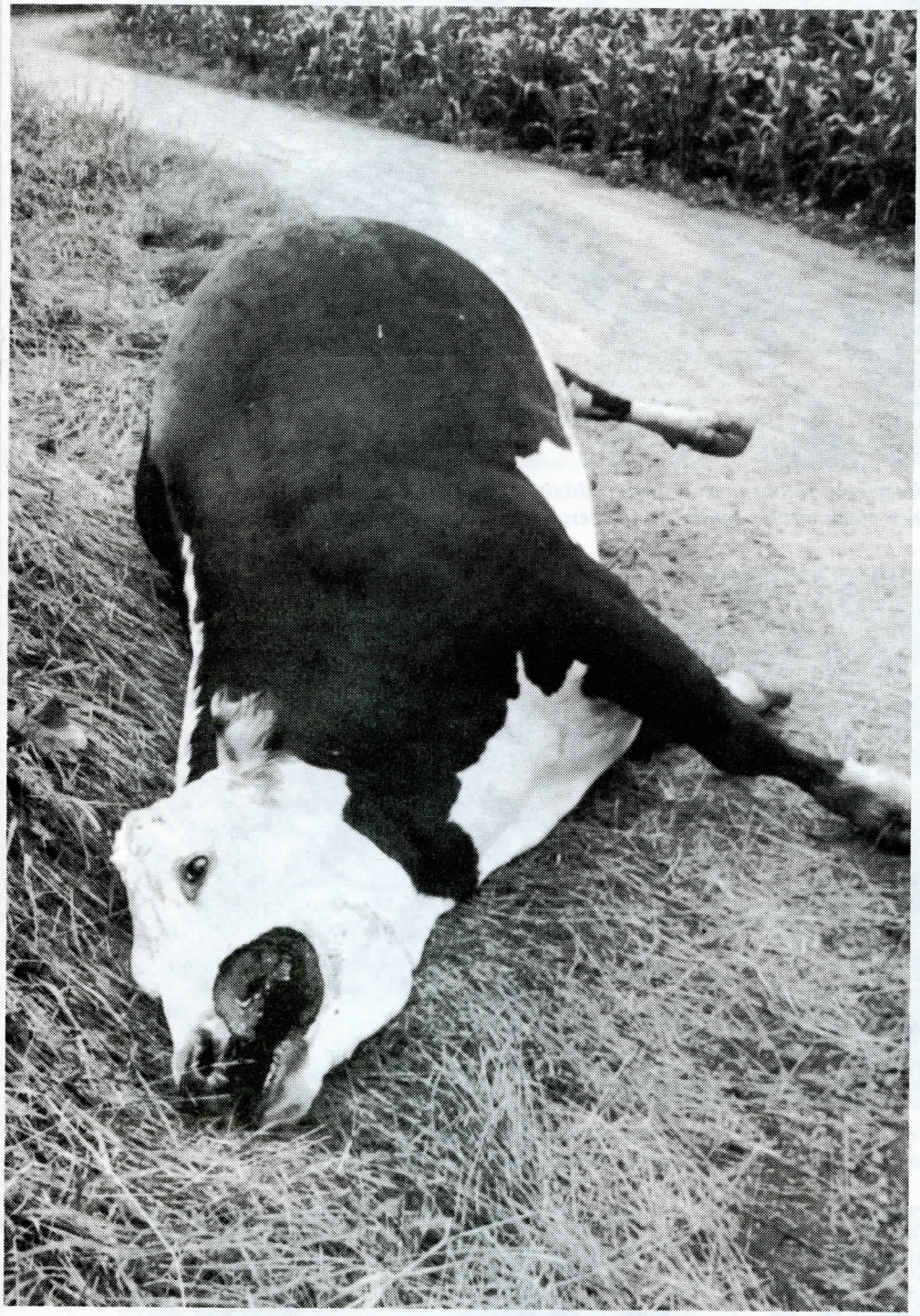
Bear Lake County Sheriff's Case No. 1758-89, Oct. 9, 1989. The cow was found with four of her teats cleanly removed from the udder.

No veterinarian report was made on that cow. But a month earlier, Dr. Charles Merrell at the Bear Lake Animal Hospital examined a dead Hereford cow. Dr. Merrell wrote after his examination:

"Some time between approximately 8 p.m. (August 31, 1989) and 7 a.m. 1 September, the anus, vagina to include uterus and ovaries and all four teats (one teat deeply incised, the others shallow cuts) were removed by knife cuts around these tissues. There were no signs of injury and no blood to be found on the ground." A neighbor, Bernice Laughter, said she saw lights in that area about 2 a.m. on September 1.

Disks reported

Throughout the history of animal mutilations, since 1967, there have been numerous eyewitness accounts of large, glowing disks or "silent helicopters" over pastures where dead animals are later found. One Waco, Texas rancher said he encountered two four-foot tall, light green-colored "creatures" with large, black, slanted eyes, carrying a calf



WILLIAM VEENHUIZEN

Pregnant cow owned by Bill Veenhuizen in Maple Valley, Washington, shows oval excision of mouth tissue, jaw and teeth. (July 17, 1989)

which was later found dead and mutilated. In 1983, a Missouri couple watched through binoculars as two small beings in tight-fitting silver suits worked on a cow in a nearby pasture. The alien heads were large and white in color. Nearby, a tall, green-skinned "lizard man" stood glaring with eyes slit by vertical pupils like a crocodile's. Several hypnosis sessions with various UFO abductees have produced information suggesting that the alien intruders are using the tissues and blood fluids for genetic experimentation and sustenance.

One Missouri woman, who has experienced repeated encounters with small grey beings that have large, black eyes, said the creatures told her, "We use substances from cows in an essential biochemical process for our survival." In the 1989 continuing harvest, over half of the Idaho mutilations were young calves. One mutilated calf, found December 24, north of Downey, Idaho, was found lying on its back with the navel, rectum and genitals neatly cut out of the steer's white belly. No blood was found anywhere. (See photo, p. 18.)

This steer calf was taken for an autopsy to Dr. Chris Oats, D.V.M., at the Hawthorne Animal Hospital. Dr. Oats checked all the vital organs and was unable to determine the cause of death. During the autopsy, a sharp cut was found in the right chest area, and Dr. Oats discovered that a main artery had been severed under the chest wound.

She was surprised that "the steer had lost a large amount of blood, but [she] could not understand where it went to." There was no blood on the steer or on the ground. Dr. Oats also determined that the steer had not been dragged by the neck or tied up around the feet.

Residents of southern Idaho weren't alone in their fear and confusion about the mutilations. William Veenhuizen woke up on July 17, 1989 to find his finest cow mutilated about 200 yards from his farmhouse in Maple Valley, Washington, southeast of Seattle. The six-year-old female was due to calve in about three weeks. But mutilators had cut away a smoothe oval section of the cow's mouth, removed a section of jaw with teeth, excised the tongue and cut out the entire udder, vagina and rectal area. The calf was still inside the belly.

Something woke Mr. Veenhuizen up around 1 a.m. that day, he remembers. He even put his shoes on and went outside, but he couldn't see or hear anything out of the ordinary. He was so upset after the mutilation, he started keeping the rest of his animals inside the barn. "A neighbor said to me that coyotes did it," he said, "but I said the coyotes don't have that sharp a knife."

Other farms hit

Bill Veenhuizen wasn't the only farmer in Maple Valley, Washington having mutilation problems. On Sunday, November 11, two female sheep were found with their sexual organs removed. The Hicks-Raburn King County Police found small holes on the carcasses that they concluded

might be BB gun pellet wounds, but no pellets were found.

Mystery technology

Another major question: Had the blood been drained from all those animals without cutting them? If alien life forms are responsible, and blood is a fluid they need for sustenance, do the aliens have a technology which can transfer molecules of blood from within a living system and leave mysteriously dead animals behind having no cuts at all? The same question might apply to the hundreds of wild horses which were found dead in Nevada in 1989.

In November, 1989, in Red Cloud, Nebraska, rancher Ron Bartels found a large, 1,000-lb. Chianina cow dead and mutilated. The Franklin County Sheriff Department investigated, and veterinarian Carl Guthrie, D.V.M., was asked to do a necropsy. In his report, he stated that a four-inch straight incision had been made over the cervical trachea. Beyond that cut inside the animal, over eight inches of trachea and esophagus had been surgically removed. "The skin over the abdomen was removed in a clear, demarcated line—no musculature disturbed," he noted. And the rectum and vagina were cored out.

Predators discounted

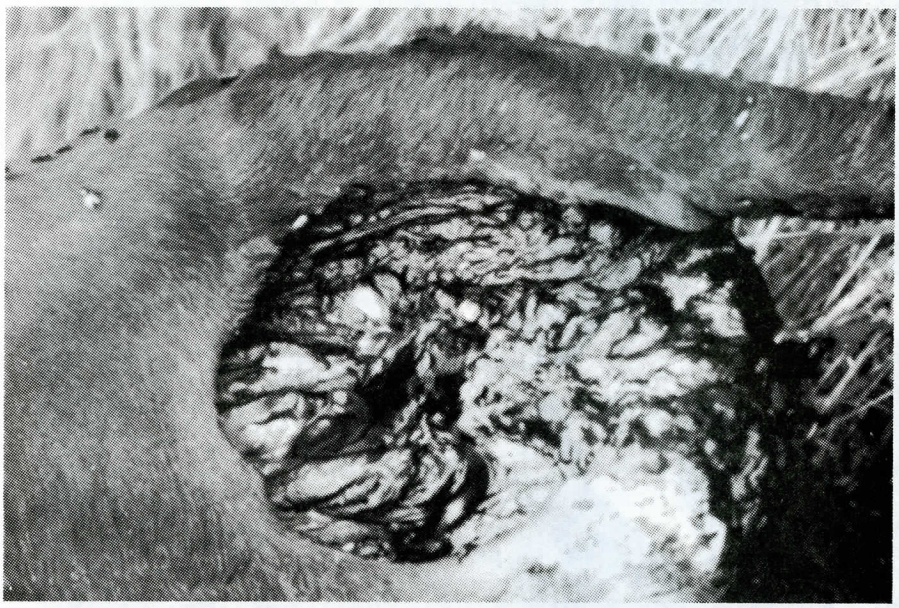
Dr. Guthrie concluded: "There were definite signs of suspicious acts to the body of this cow—the nature in which the skin was severed and removed was not characteristic of a predator strike."

In addition to those cuts described by Dr. Guthrie, the neat circular patch of skin removed around the cow's eye, along with the eyeball, has been one of the hallmarks of animal mutilations since the 1970s. Rancher Ron Bartels told me, ". . . after several days, there had been no predation, and with the number of coyotes we now have in this area, they completely strip a carcass very quickly." But nothing touched the strangely cut cow.

How are the cuts made? In my book *An Alien Harvest*, published in 1989, I show for the first time that tissue gathered from mutilator cuts in Arkansas on March 11, 1989,

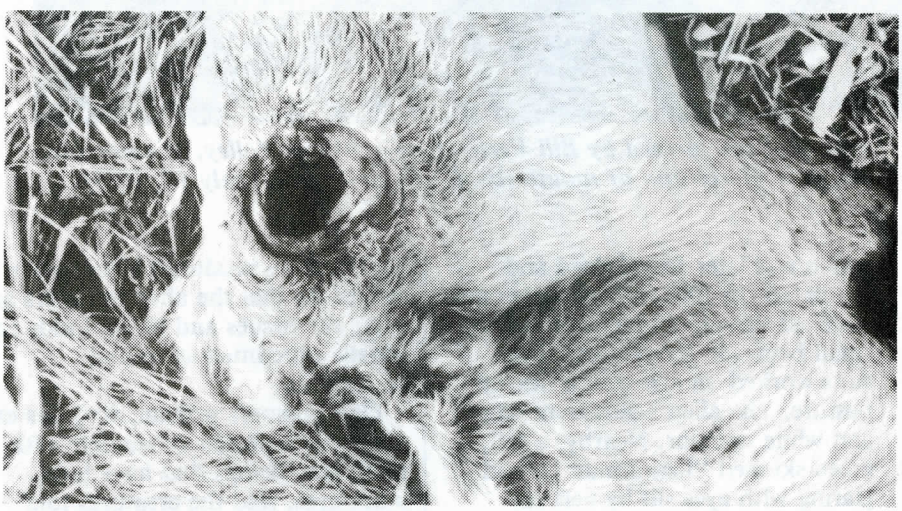
BANNOCK COUNTY SHERIFF'S OFFICE Pocatello, Idaho

Steer cow found near Downey, Idaho. The cow's navel had been removed in a clean circle; genitals and rectum were also missing. (Dec. 24, 1989)



WILLIAM VEENHUIZEN

Rectal and vaginal tissue was excised from Bill Veenhuizen's pregnant cow, shown in this gruesome photo. (July 17, 1989)



RON BARTELS

Circular excision of tissue around the eye of a 1,000-lb. Chianina cow, found in Red Cloud, Nebraska. (Nov. 27, 1989)

revealed the following characteristics under microscopic examination:
1) The line is pinpoint thin;
2) The line was subjected to high heat, probably 300 degrees Farenheit or above, leaving a hard and darkened edge;
3) The cuts were made rapidly, probably in two minutes or less, because there is no inflammatory cell destruction which typically begins in a few minutes after any trauma to tissue (See contrasting photomicrographs).

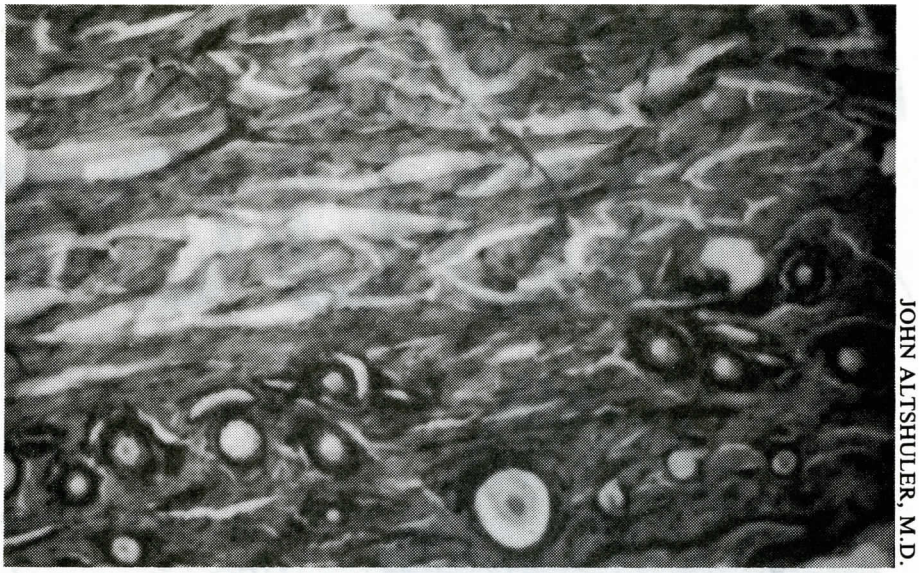
In addition to the 1989 mutilation reports in Idaho, Washington, Nebraska and Arkansas, there have been other cases in Colorado, Oklahoma, Missouri and Florida. Further, over 800 wild horses in Nevada have died mysteriously, about 70 domestic cats have been found dead and bloodlessly mutilated in Tustin, California and 30 more cats in the East Bay of San Francisco. A city employee in Setauket, Long Island, NY, has reported to me that about a dozen raccoons, opossums, dogs and cats have been found in Percy Rayner bloodlessly mutilated with cuts similar to cows. I have also received calls about mutilations in Canada, but have no firm photographs or reports.

After ***An Alien Harvest*** was released in June of 1989, I received a letter from a security guard in Denver, Colorado. He described a night in August when he was patrolling the grounds of a large corporation west of the city. From his truck, he could see a large circle of lights in the dark sky. The lights remained stationary over a pasture a few hundred feet from the security guard. He was afraid to report the unidentified flying objects, because UFOs meant ridicule and he didn't want to lose his job. But he felt guilty about not reporting it, because the next morning he watched a farmer gather up a couple of dead and mutilated cows from the pasture where the lights had hovered overhead. He asked me, "What kind of technology are we talking about? I never took my eyes off those lights. There was no beam, no sound, nothing. How did they do it?"

That's a question which has haunted ranchers and law enforcement since the first worldwide reported mutilation of a horse in 1967.

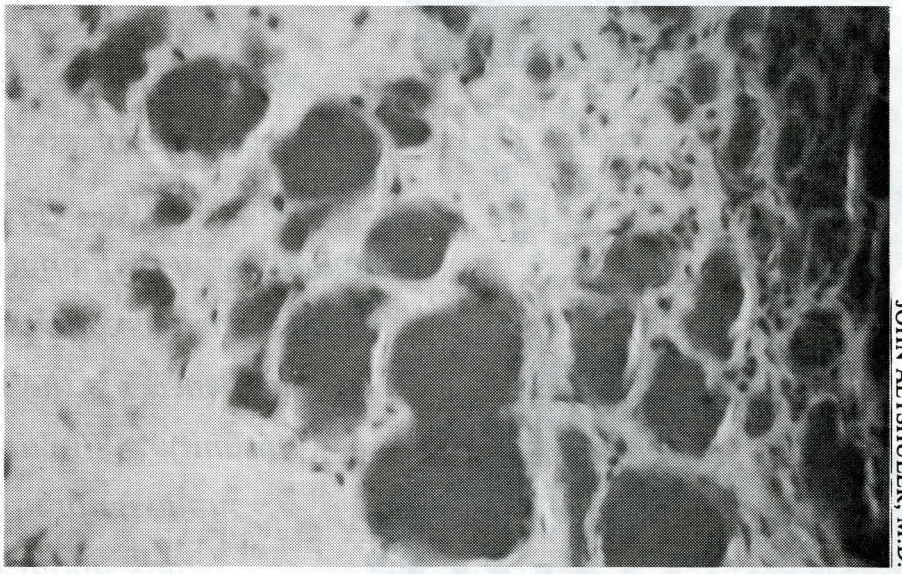
Not only how—but why? If alien life forms are intruding on this planet and harvesting from animals and humans, is a program of genetic experimentation and sustenance the answer? Or only part of a larger alien need? Will the 1990s finally bring humans face to face with an alien intelligence that has secretly used earth life for eons? As we become more conscious of its presence, will we learn that the alien intent is simply to survive without human help? Or is there some larger and more complex alien scheme which could challenge the future of human existence?

Linda Moulton Howe is a writer and documentary producer in Atlanta, whose initial mutilation research was chronicled in her award-winning documentary, 'A Strange Harvest.'



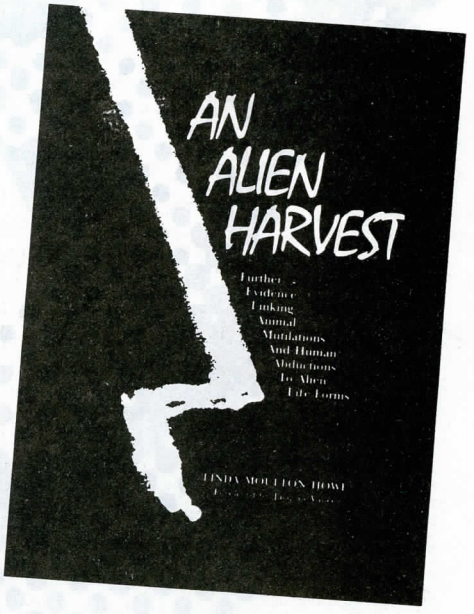
JOHN ALTSHULER, M.D.

Photomicrograph of normal belly tissue from Arkansas cow.

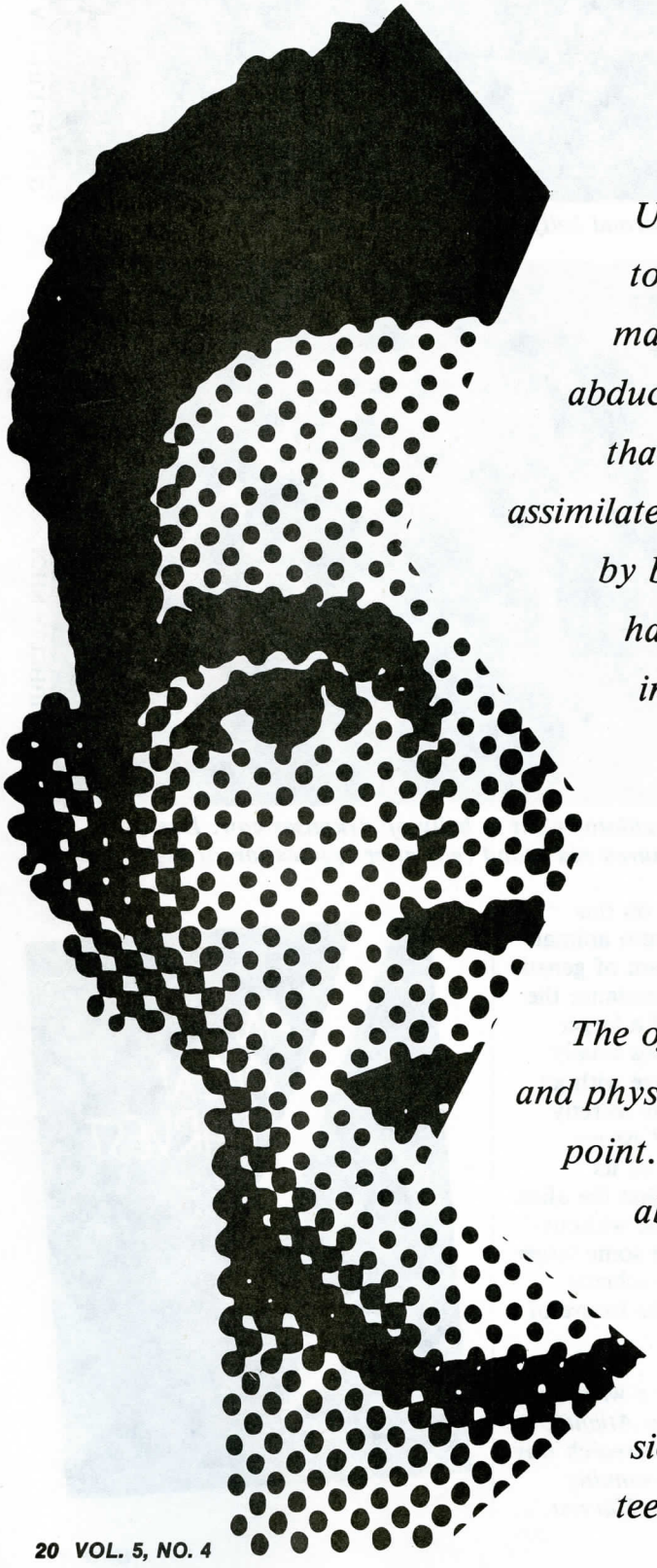


JOHN ALTSHULER, M.D.

Microscopic view of mutilator's cut in belly of Arkansas cow. Darker-colored 'lakes' are ruptured red blood cells after application of high heat.



COPING WITH ABDUCTION



A rising openness and urgency among many UFO witnesses claiming abduction have begun to create a more compassionate climate, which may be spilling over into the larger world. Still, abductees are pressed into a psychological struggle that few others can comprehend — how do you assimilate being kidnapped and physically traumatized by bizarre creatures? And is that what has really happened? Is the experience actually a form of insanity? Why do the government and general public ignore the situation? How can you talk about this with friends and family? How can you live with the knowledge that it all may happen again?

The often horrifying memories, along with mental and physical pain, can lead abductees to the breaking point. Forced to be innovative under these strains, abductees have developed a number of coping methods, while professionals offer what assistance they can. This section offers the thoughts and opinions of those professionals who deal with witnesses. To all abductees who read this—let us know your thoughts.

The Fine Art of Helping Abductees

Toward A 'Supportive Spirit'

By Budd Hopkins

A decade and a half have elapsed since I began dealing with UFO abduction reports, and in that time I've observed the myriad ways abductees have dealt with their remembered and ongoing UFO experiences. They have employed every kind of coping method from profound self deception and efficient "renaming," to courageous confrontation; from my outside vantage point I have seen an entire spectrum of success and failure.

As a hypnotist/investigator, I am acutely aware of the complex role we outsiders inevitably play in helping abductees handle their often traumatic encounters. I have said elsewhere that good intentions and a thorough knowledge of the abduction phenomenon are highly desireable for anyone working with abductees, but unfortunately they guarantee nothing.[1] Training in psychotherapy is also highly desireable, but again, for the same reason that a degree as Master of Fine Arts can't insure creativity, degrees in psychology or psychiatry do not guarantee therapeutic competence in this perplexing new field. The most basic and essential assets underlying such competence are, obviously, intelligence, common sense, a warm, supportive spirit and acute psychological insight into one's fellow human beings. But whether we can help greatly or very little, common sense issues its traditional warning: whatever we do, do no harm.

I began an abductee support group in New York City in the early 1980s, and we have followed the same simple idea: do no harm. Our group environment is more party-like than meeting-like; we serve coffee, wine and soft drinks, and typical party snacks. Some of those attending like to bring special home-made treats, and the mood is always one of friendship and ease. At some point in the evening, we usually slip into a more formal mode, with round-robin, one-at-a-time discussions of various issues associated with UFO abductions.

However, we spend very little time talking about UFOs themselves, or occupants, craft interiors and other such encounter details. We do not encourage endless "interdimensional-extraterrestrial-time traveler-metaterrestrial" speculation about the nature of the aliens; wheel-spinning is not our purpose. Some of the more practical topics we have discussed are the possible prevention of further abductions, the various ways we can talk about the subject with our children, particularly those who seem to be having their own abduction experiences, and the thorny issues that arise when we decide to share our abductee status with friends, family members and so on. There is almost always a therapist present, taking a passive, low-key role in the proceedings, but our basic purpose is not traditional group therapy. We try, instead, to establish a normal, friendly environment in which everyone feels at home and no one feels the shame and confusion endemic to the abductee "outsider." As one woman remarked, "I look forward to coming here because it's like family."

Problems

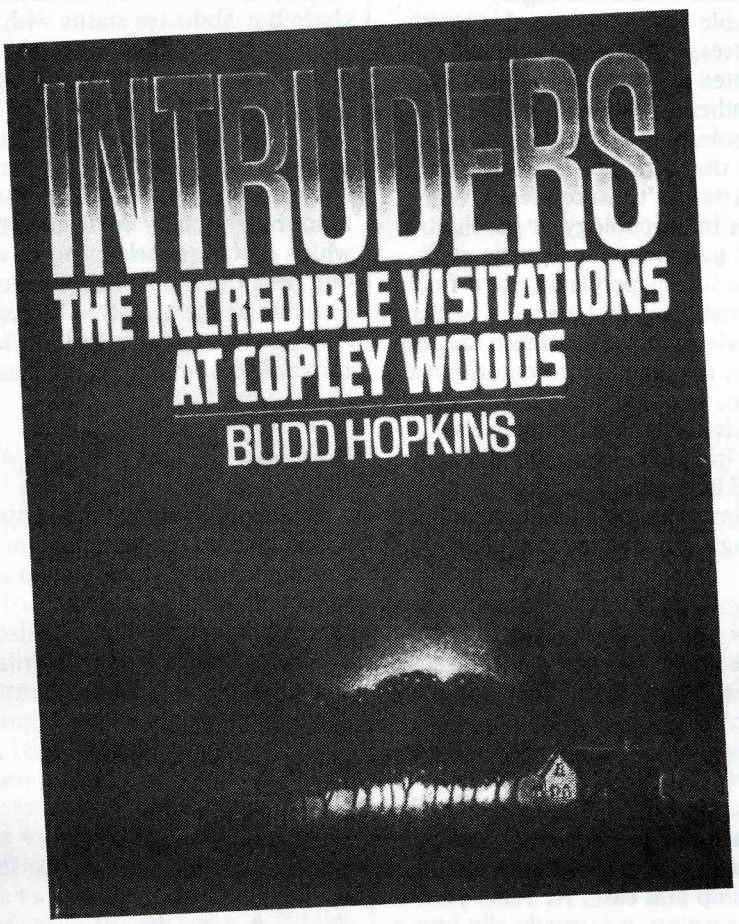
However, problems can arise in unforeseen ways. An unfortunate circumstance arose about a year ago when the officious behavior of a psychiatrist whom I had invited a number of times began to irritate the members. The psychiatrist's attempts to turn things into a more traditional group-therapy session reached a crisis one night when she asked a roomful of people, some of whom were attending for the first time, for a show of hands from "anyone who feels he or she was sexually abused as a child." A great deal of anger ensued.

One irate young woman informed the psychiatrist that she had not been hired to be the therapist of anyone in the room so she had no business asking that kind of personal question under those very public circumstances. She added that in any case, the topic of childhood sexual abuse was irrelevant to the evening's gathering.

In my view, it would have been inappropriate even to ask for a show of hands on such an issue as which members of the group had had their own abduction experiences; privacy and safety must be uppermost in our thinking. This ill-considered behavior on the psychiatrist's part marked the end of her attendance at our support group meetings; her invitations ceased because she had violated the most basic medical and human dictum—she had done harm.

The principle to be derived from all of this is a simple one. To help abductees cope in a support group format, we must provide circumstances in which they feel normal, comfortable and at home with other normal, comfortable people who have gone through the same bizarre abduction experiences as they. Any remarks or publicly directed questions which underline their sense of victimization, or "apartness" and separation from the rest of mankind should obviously be minimized. One of the few in the room who raised his hand that night later told me with tears in his eyes that when he reluctantly held up his arm to "confess" his own history of sexual abuse, he felt all the shame and horror he had experienced years before as a small boy when it had first happened to him.

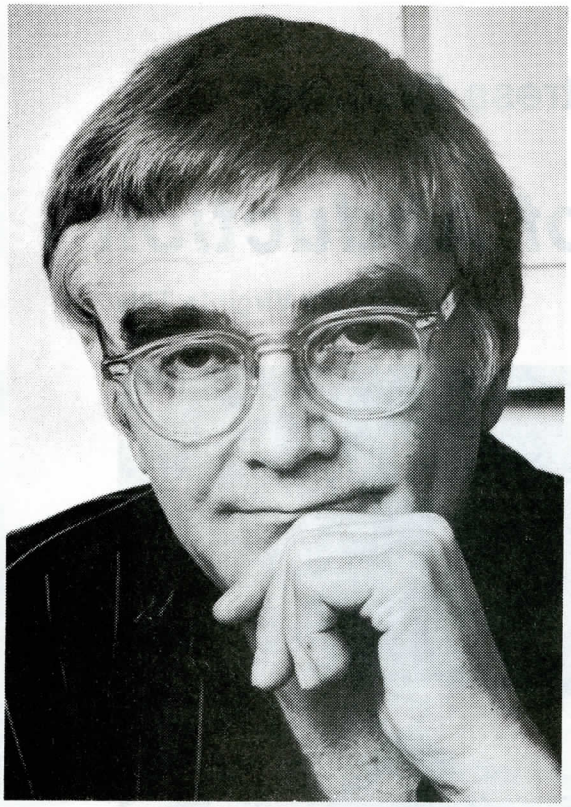
When he reluctantly held up his arm to 'confess' his own history of sexual abuse, he felt all the shame and horror he had experienced years before...



Successful coping with the UFO abduction experience has as a component the very opposite of this kind of isolating emotion; the abductee should feel that he or she belongs once more, sharing the same age-old needs and values and hopes as the rest of us. Abductees can thereby begin to focus upon their connectedness with everyday life while slowly shedding the previously inexplicable fear and shame and self-doubt that chilled their hearts for years. These old crippling feelings, apparently having no cause except the abductees' own perceived inadequacies, begin to dissolve when it is seen that the real causes were external—the helplessness and terror the abductees experienced at regular intervals at the hands of UFO occupants who neither asked permission for what they did nor explained the reasons why.

Varied reactions

Abductees, as I have said, are amazingly various in their reactions to their own suspected UFO experiences. One of the most common is simple denial: "This kind of thing is impossible, so I don't believe it happened to me. I will just bury it, forget about it, go along as if it never occurred." Though in general it is considered healthier to ventilate buried traumas, one should never argue against that choice on the part of someone suspected of having undergone abduction encounters. The old saw, "let sleeping dogs lie" is not without wisdom. But the issue is always complex. In one case that I know a great deal about, an abductee underwent regressive hypnosis several times with a psychiatrist I recommended. He experienced extreme terror, and shortly thereafter terminated the hypnosis. Since then, he has withdrawn from further such exploration of his fragmented memories but has devoted himself to endless mystical speculation about the nature of the aliens he has recalled with such fear. In this case, I feel his way of coping is not recommended. Though he is not willing to explore his experiences, he cannot leave them alone, and so continues to worry them constantly, like a sore tooth. Intellectually, he wishes to regard the UFO occupants as benign, even loving, and yet in his heart he has experienced mainly fear



Budd Hopkins

and helplessness. His mind and heart will continue to war, it seems to me, until he either resumes the process of hypnotic regression and finds out what really happened to him, or decides to end his obsessive speculations about the nature of the unknowable and returns, spiritually, to the real world.

A healthier and more efficient way to cope with remembered and ongoing UFO abductions involves the mechanism of renaming. For some people, labelling an abduction memory a dream allows it to be accepted and processed, whereas regarding it as a real experience causes unbearable anxiety. Debbie Tomey—the real name of the woman I call Kathie Davis in my book ***Intruders***—has used this technique for years. "I don't know what all those weird experiences are," she will say, "but I feel better if I call them dreams." Everyone to some extent "renames" in order to tolerate otherwise anxiety-ridden material: thus one "puts a dog [or cat] to sleep" rather than "has it killed." It is extremely important that the UFO investigator accept such renamings, allowing an abductee to use whatever terminology seems most comfortable, even to the extent of adopting the same words and phrases.

By agreeing upon a convenient limbo—dreamland?—in which to place abduction recollections, investigator and subject can still examine them in detail, extracting information without causing undue anxiety. Perhaps a majority of abductees habitually choose to speak of their experiences this way: "It felt like a dream but it seemed real. I couldn't move while I was on the table. I was cold and absolutely terrified. They were pressing something pointed into my abdomen, but I kept telling myself this isn't really happening, I am only dreaming. Then later I awoke back in my bed, upside down and on top of the covers, with a little wound near my navel. It can't have been real. I must have dreamed it." If the abductee wishes to discuss such an experience with this kind of ambiguous language, the investigator's words and questions should reflect the same ambiguity. Whether or not this "real-unreal" limbo makes sense to the investigator, or, for that matter, to the abductee him/herself, it represents an interim and often effective method of coping, and should therefore always be respected.

Facing abduction memories

The third and most demanding form of coping has to do with facing one's abduction memories squarely, exploring them thoroughly (employing hypnosis to aid in this process), and then accepting their "event-level" reality. Though the abductee may not have discovered why the aliens selected him/her—no one ever does—and may not fully understand exactly what the abduction process has entailed, it is enough to admit that these disturbing intrusions have actually occurred and that they have been successfully survived. And once this intellectual and emotional acceptance has taken place, most abductees will want to take some specific course of action, either by going public with their stories, acting as supportive "buddies" to other abductees about to deal with their own UFO experiences, or accepting some other similarly positive role. This pattern of direct action coping is familiar from other areas of life. In one well-known case, a woman whose child was killed by a drunk driver went through a long period of grieving and denial, but ultimately formed an organization to lobby for more stringent laws against intoxicated drivers. Sarah Brady represents another, more recent example example of this strongly activist coping reaction. She is the wife of James Brady, Reagan's presidential press secretary who suffered permanent brain damage from a gunshot wound in the attempt on Reagan's life. After a period of enormous grief, Mrs. Brady formed an organization to work for stronger gun-control laws and has been quietly effective in her efforts.

My own organization, IF, the Intruders Foundation, has been aided by many conscientious volunteers, abductees who wish to share the benefits of the emotional support they have received by personally helping others about to begin the demanding task of exploring their own encounters. I believe that just by "being there" to talk, these caring volunteers have literally saved the lives of a few abductees, men and women in such profound despair, self-doubt and confusion about their half-remembered UFO experiences that they were at the very end of their emotional resources.

Every abductee must somehow cope. Some are able to afford and obtain formal psychotherapy, but not every abductee requires it, and surely not every therapist is equipped by training to handle such unusual, ongoing problems. Many abductees are not aware of their still-buried experiences, and so might be thought of as coping quite unconsciously. However, I believe there is definite comfort to be gained from self-knowledge and the understanding that one has endured frightening UFO abduction experiences and has nevertheless survived. *All* abductees can rest secure in the knowledge that they are stronger than they have ever imagined.

Though none of us can prevent UFO abductions from taking place, all of us—abductees and investigators alike—can learn to act supportively through the profound regard, the love, we share with our fellow human beings.

NOTES

1. *MUFON UFO Journal*, "Some Thoughts on Psychiatrists and Investigators," April, 1990.

Akin to 'Post Traumatic Stress Disorder'

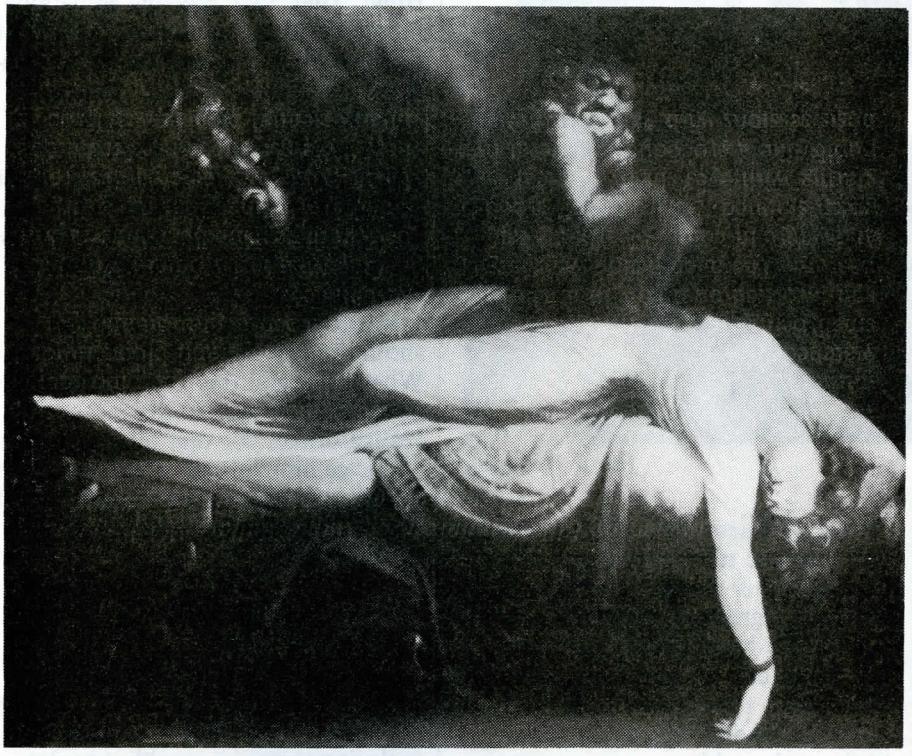
The Aftermath of Abduction

By Virginia Tilly

Post-traumatic stress disorder is a psychological term that has become associated with persons who've experienced intense trauma. For instance, such conditions as stress in the aftermath of the Vietnam War, devastating personal relationships and sexual or emotional abuse have been considered to be causally related to the syndrome. People with PTSD may exhibit a wide range of disturbances. But are the above life-altering traumas the only situations from which an individual may subsequently suffer psychological problems?

During the past several years, it has become apparent to many investigators that thousands, if not tens of thousands, of individuals are exhibiting aberrations in behavior and attitude, and occasionally in their lifestyle. But these people have experienced something akin but different to the more typical traumas. They are the victims of apparent "alien abductions," claiming to have been taken from their homes, frequently even in heavily populated areas, or while driving or walking along roads or fields or in other isolated places. In most cases, once memories of the abduction begin to surface, they begin to find everyday life much more difficult than ever before.

Many aspects of an abductee's life are never again the same. Frequently nightmares will plague them, grotesque scenes acted out by ghosts, devils or disembodied, huge black eyes. These all-too-real dreams include a gripping terror of being paralyzed, levitated (often even through the roof, wall or closed door of one's home), and of being restrained on a table for some type of physical examination. Most individuals develop an inexplicable fear of some specific spots along certain roads, bridges or fields. Some abductees begin to show signs of paranoia, even fearing for their own sanity.



DREAM SWOON—Although believing their abductions as real, abductees will remember their experiences as also having an odd, dreamlike quality. In this painting by Henri Fuselli, the dreamer confronts an ugly demon from her own mind.

Unfortunately, many health care professionals treat these patients exactly as cases of insanity, drugging them heavily and at times even having them committed to mental institutions, usually with the cooperation of family members who have become convinced that their loved one has "gone over the edge."

Denial

It is not unusual for individuals who have experienced an abduction to deny that anything has happened to them, even as they struggle to keep buried in their subconscious frightening thoughts of haunting eyes, bright lights, levitation and bodily invasion. Since the message from our society is that such things cannot and do not happen, a major dilemma confronts the abductee. Knowing that something bizarre is going on in one's life, but wanting to be considered sane by the rest of the world, it becomes absolutely vital to convince oneself that nothing out of the ordinary has happened.

Frequently, the abductee will escape into the comforting cloak of religion or spirituality. Many traditional religions offer an excellent escape valve; by allowing the sufferer to focus on a benevolent, loving savior or on a gentle, compassionate mother, the victim is saved, at least for a short time, from being forced to face an unpleasant reality. Retreating into powerful symbols and pleasant euphemisms feels better and

certainly much safer than whatever else has been happening. Or, if one is really frightened of the alleged beings, it may be very comforting to have what appears to be a rational explanation of an evil one to blame for all this suffering.

A retreat to traditional religion often is either a renewal of belief in, or a new commitment to, Roman Catholicism. Here the abductee is able to find great solace in a very formal tradition which allows the abductee to feel strong emotional ties to a kind Jesus or the strong female figure of Mother Mary. Without their religious interpretations, many documented Marian visions, such as the Fatima case and others more recent, sound amazingly like rather typical UFO sightings. Many victims claim they are told to say the rosary, to make sacrifices or pilgrimages, or to become involved in some type of religious procedure.

The fundamentalist or born-again Christian movement also has offered a harbor of sorts to some abductees. Many believe only something evil could have performed the invasive and incredible acts so common to the experience. Apparently, born-again Christians are convinced and teach their fellowships that anything from "out there," anything unknown or unusual that has not been sanctioned by that religion, is actually the work of Satan. Only something demonic would use such unearthly vehicles, enter one's life unsolicited in the night and in most cases display what we would call paranormal phenomena. Many such religious groups demand total devotion and often long hours spent in worship or prayer, all of which helps the terrified abductee reduce free time to think. The experience continues to be suppressed into the subconscious.

'New Age' comfort

Increasingly, close encounter IV (CEIV) percipients are becoming actively involved in the so-called New Age movement, a more contemporary version of the religious-type solace. It is not at all unusual for these individuals to begin to display new-found (or often have revivals of long unused) psychic skills. Many of them become healers; in fact, many are told during their experiences that they are to become healers.

I have found that almost all begin to have visions or clairvoyant experiences. ESP of various types is reported by a high percentage of the CEIV subjects. It is not uncommon to hear an abductee expound on the belief that he has been told by his abductor that he must work for world peace, help control the pollution on Earth, or prevent a nuclear holocaust.

CULT NAP—Cult members may participate in different sorts of group dynamics as part of their indoctrination, including meditations. For some abductees, such groups and their beliefs can offer great comfort.

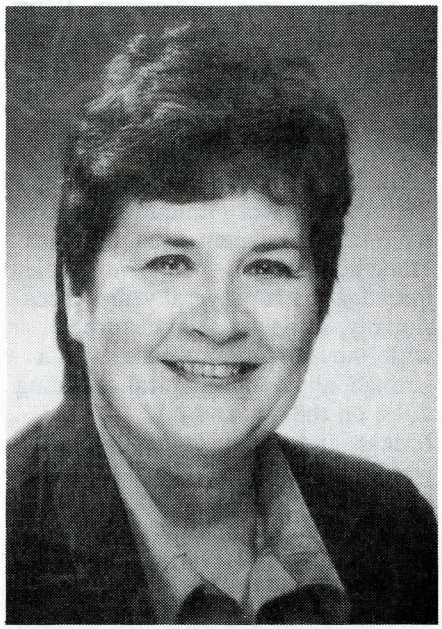
Channelling is another phenomenon associated with the New Age. Many of the statements made by these channelers—who may claim to be transmitting the voice of an alien entity—are very general, sounding rather lofty and couched in convoluted language, but details seem to be virtually non-existent. While many of these channelers are gentle and well-meaning souls, they and their pronouncements become part of the disinformation which seems to be spreading throughout research.

However, it is important to consider the possibility that such a thing as channelling is going on and that the entities—alien or otherwise—may indeed be deliberately giving out disinformation. Many of us have met persons who seem consumed with UFOs, alien abductions and related phenomena. Chances are they're involved in a UFO research group or a UFO cult.

In my opinion, many investigators appear to have been abductees, but have not yet faced up to the possibility. In order to understand what has been happening to them, they read everything about the subject they can find and devote a great deal of time and money to finding out more about the phenomenon. Of all the methods by which individuals try to process their abductions, this is probably the least harmful. At some level within their minds, these people are trying to understand what is going on, rather than just denying it and trying to force it into the subconscious where it can fester and grow to even more unmanageable proportions.

Creating a fantasy

In some cases, the subject does not just deny—he creates a full-blown fantasy. These embellishments always fit perfectly into one's personal belief structures, and may be either intentional, or more generally, completely unassuming.



Virginia Tilly

The unintentional fantasy is typically created because the abductee cannot deal with this totally illogical experience. It can't happen, yet it did—as the person's mind struggles with this paradox, he eventually creates a more satisfactory scenario. The "biocomputer" is rejecting the abduction memory because it does not compute, and is being confused by all the previous programs entered into the human system. Ironically, these fantasies may be just as incredible as the original encounter, but are couched in terms or illustrations much more acceptable to our culture.

The intentional fantasy is more frustrating to handle. Sometimes it results from a personal struggle based upon acknowledgment that one is an abductee, but with a desire to alter the story for personal reasons. On other occasions, the individual has a great need to be the center of attention, so embellishes the account to gratify a desperate ego need. Alien abduction tales are currently very much in vogue. By fabricating an abduction experience, it can make such a person appear to be on the forefront of the latest events. Unfortunately, there is no sure-fire way to know for sure which type of fantasy is being expressed; even hypnosis is not a foolproof process. If the subject is intent on sticking with a story, he will do so, even under hypnosis.

Psychological distortions

According to an old maxim, "Just because you're paranoid, doesn't mean they're still not out to get you." Many abductees began to feel like this, wondering whether or not they're crazy or actually in grave peril. In many cases, the subject is "visited" by those ubiquitous, unmarked, government-issue, all-black Huey helicopters which have plagued investigators for several years. Occasionally, some are even disturbed with harrassing phone calls, with a strange, almost mechanical sounding voice on the line and odd background noises. Outright threats, warnings and special messages may also be heard.

Many abduction victims report hearing an unusual buzzing or ringing in their ears. Most have difficulty describing this sound, which at times precedes an internal message they hear which gives them advice or comments on some experience that they have been or are having. Then sometimes abductees will hear voices in their heads, with or without buzzing. Some voices are described as somewhat mechanical, while others are described as normal sounding and usually male. Sometimes very specific information is received, while other times, the message is more general, involving world problems of pollution, war, hatred, nuclear weapons and other major concerns. It has also been reported that one receives messages concerning other individuals, occasionally about the people investigating that particular abduction case.

Abductees also may find themselves plagued with any of a variety of a sleep disorders, most commonly recurring nightmares. The individual usually falls asleep only to be plagued by those haunting, disembodied black eyes or the terror of being pinned to a cold table while strange and threatening instruments are inserted into the dreamer's body.

Another major mental health difficulty for abductees is very focused but inexplicable fears, which may begin in either childhood or adulthood. A certain field, path or road may ignite an unreasonable dread or foreboding. Phobias may also include terror of being alone without some type of light or sound which may give the person a sense of security. There are also phobias about specific odors or sounds. When this is the case, the person is baffled that a certain scent—usually an odor resembling ammonia, sulphur or cinnamon—induces a rising sense of panic. Why also is there terror involved when some individuals hear certain types of humming, buzzing or droning? We have no real explanations for any of these.

Many people who are not learning to cope with these feelings and experiences, or who have not found someone to help them, may begin to live very disrupted lives. They may find normal relationships virtually impossible; present relationships may alter drastically or disintegrate, jobs may be lost. Some individuals who find no other way to deal with their increasing confusion and alienation may resort to substance abuse or other form of self-destructive behavior in their search for a "safe" haven. It may seem there is nowhere else to turn. Family members are either indifferent or don't know what to do with you. Friends may become scarce. Religious leaders would normally never even listen to such outlandish talk. Doctors would think you were crazy.

Diagnosis: abduction

Is it possible that there are individuals who have been diagnosed as insane, but who are actually abductees? Many investigators, as suggested earlier, have begun to suspect that this is the case. Although the presence of irrational fears and the consequent drastic behaviors may suggest insanity, it's mental health professionals—who should be most helpful in such circumstances—who frequently do the most damage. They must professionally "assume" that the individual who exhibits such aberrant behavior is mentally ill. The abductee may already be seriously questioning his own sanity. Some research has shown that talking to a supportive friend is just as beneficial for a disturbed person as seeking out so-called professional help. Self-proclaimed UFO experts also do damage when they insist they're the only ones qualified to judge what is or isn't a legitimate case—and who should or shouldn't work with the abductee.

Important questions stand before us: Who are the true abductees and how do we help them? Is there any comfort or therapy that we can provide for them? Who is best qualified to help? We have a long way to go in providing help for abductees. However, those of us who have been working with them for several years have begun to see progress.

Our first objective in becoming involved with someone is in helping them to live with what is going on. Most of them also show a great deal of relief in finally having someone who will talk to and listen to them thoughtfully, not treating them as though they are crazy. With compassion and true concern, we really can help these individuals live full, happy and productive lives.

Virginia Tilly is a certified hypnotherapist who has worked with more than 60 abduction cases. She owns and operates Great Lakes Hypnosis Center in Lansing, MI.

Critical Attitude Prevails

In Defense of Abduction Hypnotists

By Kathryn McCampbell

HYPNO DEMO—Hypnosis has a long tradition of use within the psychiatric community, where it has been considered of great value. This painting, which hung in Sigmund Freud's study, shows Freud's hypnosis trainer Martin Charcot in the midst of a hypnotism demonstration. (The Bettman Archive)

It's unfortunate that the number of hypnotists, investigators and researchers is so inadequate to handle the growing number of reported cases of abduction.

The situation forces people to fulfill multiple roles that are too loosely defined, and each role requires the use of methods that directly oppose each other. Yet many hypnotists in the field still assume that they can adequately fulfill the roles of investigator, researcher and counselor all at the same time. The failure to recognize that these roles are at cross-purposes partially contributes to other ufologists' criticisms of our methods.

I hope to clarify some distinctions between counselor and researcher in approaching abduction cases, and to encourage other abduction hypnotists to evaluate their own priorities and select which approach to the phenomenon is most appropriate. Hopefully, a new clarity of this sort might diminish the inhospitable atmosphere accorded abduction hypnotists within the UFO community. The underlying attitudes of fear and suspicion toward hypnosis in general, combined with the disinclination of many ufologists to accept the abduction phenomenon are only a small part of the prevalent critical attitude toward abduction hypnotists.

Since the counseling options for abductees are severely inadequate, a more open-minded attitude toward our work would be much more constructive, and might encourage newcomers who would otherwise avoid jumping into the "hot water." Rather than scrutinize every abduction regressionist using numerous different value systems, we would all benefit by the collective knowledge obtained from a broad number of hypnotists representing a diversity of approaches.

For the most part, many of the accusations frequently directed towards those of us who work with abductees are generally inaccurate and reveal a fundamental ignorance of the hypnotic process. I would like to respond to these.

1. Abduction hypnotists claim that material resulting from hypnotic regressions constitutes "proof" of the existence of UFOs and the objective reality of abductions.

I have never heard any hypnotist claim that hypnosis constitutes objective proof of the phenomenon. But since the majority of cases have a common period of amnesia, for the hours or days of the UFO/abduction events, our only way of knowing about them at all is to use hypnosis to relieve the amnesia and retrieve memories for the forgotten period of time. Hypnosis does not need to constitute "proof" in order to be immensely useful.

In our court system, testimony resulting from hypnosis is not considered "proof" or evidence and is not admissible as such in court. That is as it should be. But during the course of an investigation, hypnosis often produces an accurate description of the suspect or license plate number that leads to stolen goods or other incriminating evidence. That evidence does constitute proof and is admissible in court.

MIND SPIRAL—What causes hypnotic trance? Is it reliable for retrieving factual testimony? Still controversial, and at least potentially unreliable, hypnosis nevertheless offers abduction counselors a tool for gathering corroborative testimony in an area where few other avenues of evidence exist.

The same is true for hypnosis being used in abduction cases. In many instances, hypnotic regression of a subject provides our only source of information which can then be confirmed by comparing the data to the growing number of documented cases having disquieting similarities. (And, I should add, a total lack of fanciful variety or psychotic delusion.) The number of cases which seem to verify each other certainly begins to shift the weight towards objective proof.

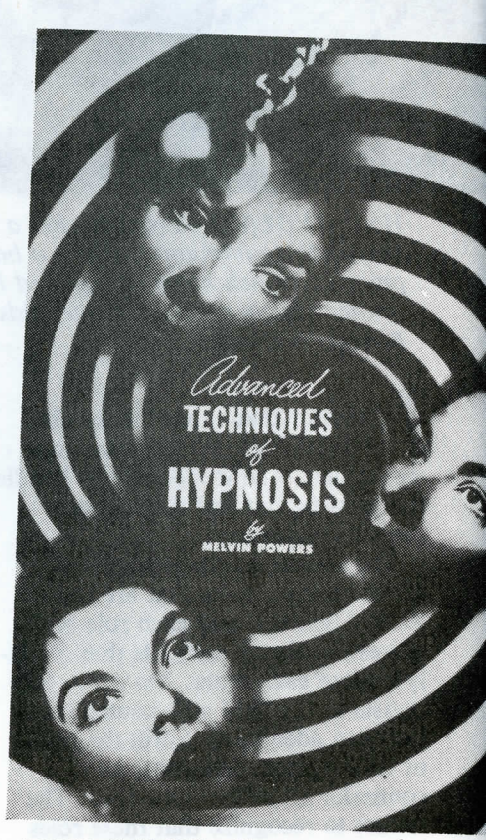
As more confusing mixtures of half-truths continue to be purveyed by government sources, the body of information compiled from direct abduction cases is enormously useful in confirming or invalidating certain elements. The substance of abduction cases (whether proven to be true or not) is our only source with which to verify such details as descriptions, biology, forms of communication and capabilities of alien beings. When these elements match up, it's a strong indicator that they are true. When they do not match up, my tendency is to believe the 500-plus abduction reports but consider that particular item intentionally false.

2. Hypnosis is unacceptable as a research tool and should not be used in exploring the abduction phenomenon. Abduction hypnotists are destroying otherwise usable data which might lead researchers to the truth about the phenomenon. The very use of hypnosis destroys the credibility of witnesses recounting abduction experiences. Even when extensive measures are taken to prevent witness "contamination" from outside influences, including the predisposition of hypnotists, no legitimate controls have been established.

While an over-concern has been expressed about the potential of hypnosis to influence the witness, no serious consideration has been given to the magnitude of other influences present within our culture. Because our culture is so full of information—print and broadcast media and all forms of advertising—required control would only be possible if a witness were to be sequestered like a jury member moments after the incident and before speaking to anyone about it.

The assumption that restricting some informational sources—where the subject might gain further information, support and validation—will result in an objective and uninfluenced version of the story is false. Everyone in this culture is influenced on a scale rarely contained by means of censorship and secrecy. The prevailing attitude of disbelief in these phenomena, and society's demand for proof, are the result of what might be considered the hypnotizing of the entire population. An atmosphere of suggestion and influences on belief exists as a backdrop to our entire society.

And compared to this, the possible influences of a non-objective session of hypnosis and contact with others are minute. Simply put, a purely objective report cannot exist in a context already so steeped in prior biases.



MIND GAMES—To some people, hypnosis is still seen as little more than a parlor game or audience-pleasing stage act.

3. Hypnosis is an acceptable research tool, but must be used with the strictest control. Abduction hypnotists are using sloppy, unscientific methods and are "leading" witnesses when they are unaware of doing so.

The accusations that hypnotists can "lead" a subject to report inaccuracies and that hypnotic subjects are totally passive and striving to please the hypnotist are total misconceptions. Hypnotic subjects are less inhibited and more open to suggestion, but are not as vulnerable to the influence of the hypnotist as many would believe. This generally-held misconception results from the public's exclusive and minimal exposure to hypnosis as entertainment, where specifically passive and suggestible subjects are chosen in order to ensure a good show. The typical accusation of "leading" subjects reveals, at best, the most superficial exposure and understanding of the serious practice of hypnosis. I have intentionally attempted to mislead subjects by suggesting some further action in the scenario, something perfectly reasonable, but subjects will disagree with me and insist on their own recollections in great detail, no matter how unreasonable they sound.

A variation of the above is the accusation that abduction hypnotists lead subjects to "parrot" back a scenario which validates the hypnotist's own viewpoint.

This totally unreasonable accusation assumes a total loss of volition, best illustrated by the subject of a stage hypnotist. Any case of total identity loss and "parroting" of the hypnotist's expectations would require a specific type of personality having an obvious compulsion to please everyone.

Such a serious psychological problem would be immediately obvious to the hypnotist, and would most likely result in the referral to appropriate professional treatment. In order to create such a situation, the hypnotist would have to suffer from equally serious psychological problems, characterized by an intense compulsion to find and create agreement. The average hypnotic subject would not tolerate this treatment.

4. Many abduction hypnotists at this time do not have the proper credentials or qualifications to regress subjects in abduction cases.

This is one of many such statements usually made by people who are generally very threatened by the abduction phenomenon. The statement pretends a comfortable acceptance by the subject and diverts attention to the hypnotist's credentials (or lack thereof).

The practice of hypnosis has its own controversy outside of the field of UFOs, an ongoing conflict determining whether or not medical doctors should be the only people sanctioned to practice hypnosis.

What college or graduate school offers training and credentials to qualify us for working on something which is not even considered a part of reality? I consider anyone with a sincere interest and some training in hypnosis (formal or informal) qualified to pursure working with abduction cases. Again, the most important "credentials" are a person's characteristics, and the most beneficial characteristics depend on which approach he or she may take—investigation, research or counseling.

5. Hypnotists who are considered unqualified and without proper credentials (what this means has not been specified), and those using less-than-scrupulous scientific methods and not acting within standard scientific guidelines, must therefore be motivated by unethical intentions.

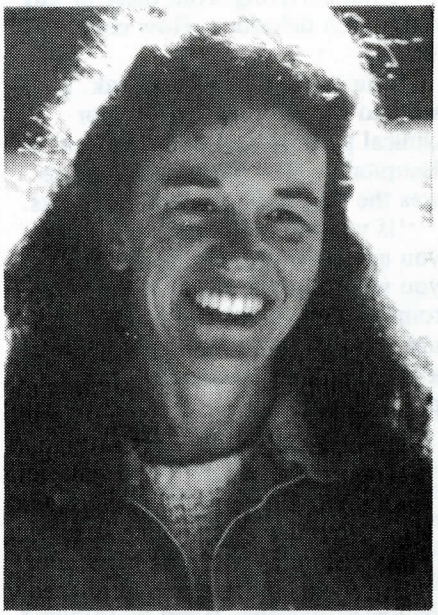
That the scientific method is synonymous with responsible ethical standards is a repetitious theme in ufological and other scientific literature. Science has no monopoly on ethics and no business applying standards that may belong exclusively within the field to other professions or persons.

The demand for hypnotists to become super-scientists, purely objective and following the strictest controls on their methods, oversimplifies the situation we face. We would be so comfortable if the abduction and UFO phenomenon just fit neatly into our old models of controlled laboratory experimentation, where we could maintain a purity of data and degree of certainty about our results.

Unfortunately, abductees have great human needs for validation and reassurance. They need to pursue more information and be around others like themselves with whom they can safely discuss and interpret their experiences. They are very hungry for all the possible information they can find, including books, magazines, UFO journals, TV shows and personal contacts with co-witnesses in an effort to understand what has happened to them. When they finally do begin to share their stories, I find their most immediate concerns are those implied doubts and accusations imposed on them by earthly sources. They need to understand how it is possible to experience something first hand and yet doubt their own perceptions and sanity. They need to find some way of proving to themselves the truth of their experiences.

Their strongest need is to find validation wherever it might be, which might include reading about other abduction experiences, meeting and sharing details of what happened with others who can corroborate, verifying their own sanity and the fact that they are not the only ones who have had these strange experiences. Meeting one other person who volunteers a detail that matches one's own experience is a powerfully positive moment.

Kathryn Mc Campbell is a hypnotherapist in northern California. Her father, Jim Mc Campell, is a long-time UFO author and researcher.



Kathryn McCampbell

Dr. Jean Mundy

Therapeutic Breakthroughs

By Sherie Stark

At first Dr. Jean Mundy assumed the patients she was seeing were the victims of psychotic delusions or some other mental aberration. Three years ago, after having read ***Communion*** and ***Intruders***, the psychiatrist had contacted the authors of those books and began seeing patients referred by them, in her private practice in New York.

"The classic interpretation would have been that they were suffering from hallucinations, which can come from toxic states, such as fatigue or drugs, or from a personality disturbance," the former professor of psychology at Long Island University says. (Mundy is a certified psychologist in the state of New York.)

Hallucinations, generally, are what the person either would like to have seen or is afraid of seeing, and those reporting the standard abduction scenario would be judged to be paranoid, she says.

But instead, she found her patients were not suffering from these or any other such delusions. How could she tell?

"That's my job, so to speak. I worked for ten years as a senior clinical psychologist at St. Vincent's Hospital in New York, and my job was the diagnosis of mental patients.

"If you are hallucinating because you are schizophrenic, for instance, you will show the rest of the symptoms of the condition—you won't be able to take care of yourself, or hold a job; you'll be disoriented in time, place and person.

"These people show none of the classic behaviors of mentally disturbed people, and the scenarios they report do not behave like hallucinations. With hallucinations you do not get ten, 20, 30 year lists of very serious symptoms. When an ordinary person has a hallucination, it's over

Jean Mundy

in a minute, and the person knows they're hallucinating. It's a misperception, with nothing of the length and detail of these stories."

What Mundy and other mental health professionals have determined is that while no absolute explanation can be found for the stories these people tell, they do exhibit anxiety symptoms exactly like those of victims of "post traumatic stress syndrome."

"This is how people who have experienced terrible trauma react—people who were holocaust victims, or Vietnam veterans, or rape victims. We don't know the nature of the trauma they experienced, but we know it's not their imagination; it's something that has hit them from the outside, and in that sense it's something 'real.' "

In helping patients learn to cope with this type of condition, Dr. Mundy says therapists can utilize a number of tools, from traditional "free association" psychoanalysis to memory drugs such as sodium amythol to various projective techniques.

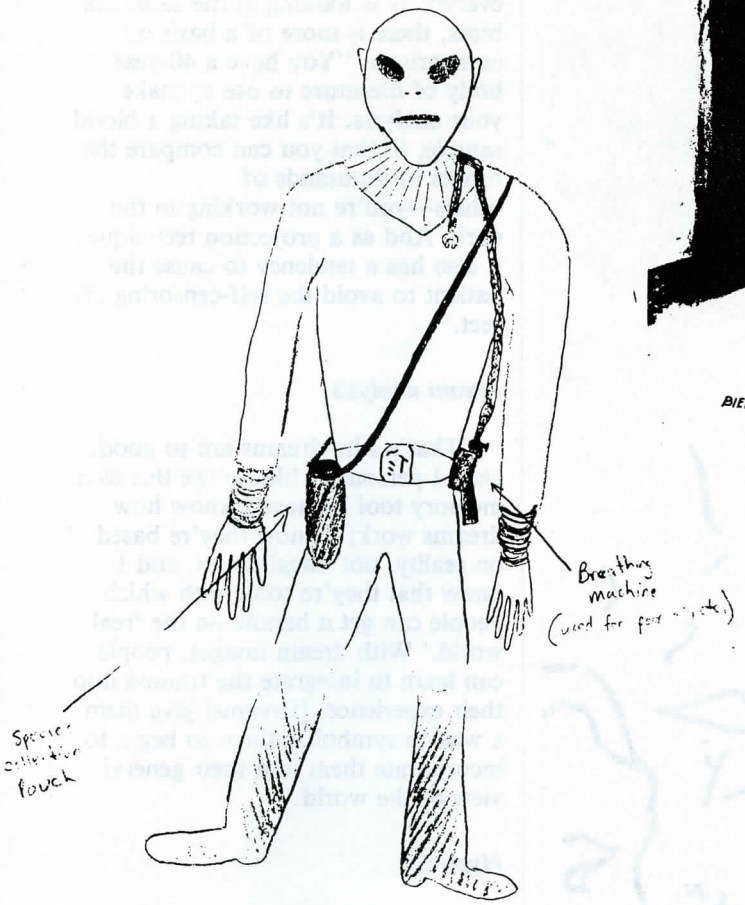
"I personally think free association [in which patients talk about whatever comes into their conscious minds until cogent details come out] takes much too long, and would rule out drugs except in the most extreme cases of repression, because you're just opening another can of worms and [drugs] are no more reliable. You can give ten people drugs and get ten different reactions, depending on the setting and the personality of the person; there's just no control."

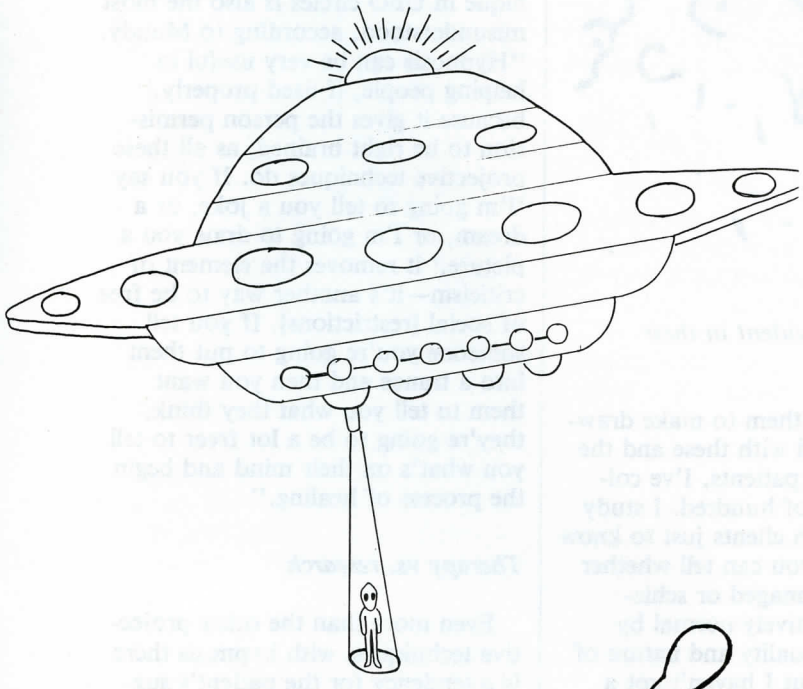
Mundy's personal approach entails a combination of dream analysis, ink blot interpretation, drawing exercises and hypnosis as memory tools, all projective techniques which allow the patient to transcend his or her ego and face their memories in a non-judgmental state of mind. (Subjects "project" or reveal themselves through imaginative exercises much more freely and quickly through these methods than through traditional psychoanalysis, she says.)

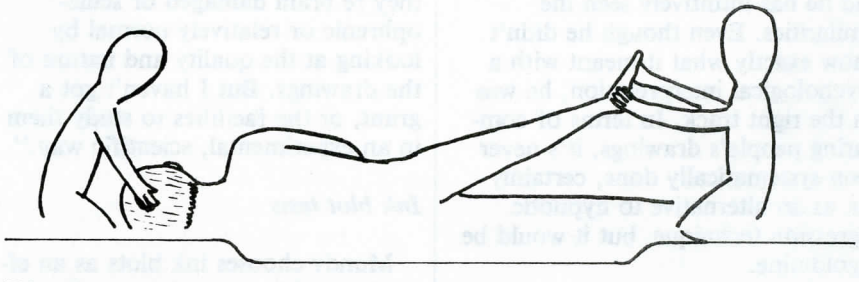
Drawing

"I especially favor drawing, because when people draw pictures—unless they're skilled artists—they draw directly from their unconscious. They don't have much control over what they're drawing, so it is extremely reliable in terms of tapping into their memory."

For example, she tells of a man who suffered a leg injury so early in childhood that he didn't remember it, but when asked to draw a picture of a person, he drew a person with a leg injury. "When I asked him why he drew that, he said he didn't know. He was completely unaware of the fact that he was drawing from







Drawings from some of Dr. Mundy's patients.

ART THERAPY—Clues to people's mental states are evident in their drawings. This sketch was done by a schizophrenic.

his own experience," Mundy says.

Collecting and comparing drawings could be fruitful to the UFO field, Mundy says, if approached correctly.

"Budd (Hopkins, see related story, this section) has collected drawings, and he has intuitively seen the similarities. Even though he didn't know exactly what it meant with a psychological interpretation, he was on the right track. In terms of comparing people's drawings, it's never been systematically done, certainly not as an alternative to hypnotic regression technique, but it would be a goldmine.

"When anybody writes me a letter to tell me about their UFO experiences, I ask them to make drawings for me, and with these and the drawings of my patients, I've collected a couple of hundred. I study those of my own clients just to know where I'm at—you can tell whether they're brain damaged or schizophrenic or relatively normal by looking at the quality and nature of the drawings. But I haven't got a grant, or the facilities to study them in an experimental, scientific way."

Ink blot tests

Mundy chooses ink blots as an effective tool because they are like free association techniques, but because everybody is looking at the same ink blots, there is more of a basis of comparison. "You have a 40-year body of literature to use to make your analysis. It's like taking a blood sample, in that you can compare the results to thousands of others—you're not working in the dark. And as a projection technique, it also has a tendency to cause the patient to avoid the self-censoring effect."

Dream analysis

"That's why dreams are so good, also. I personally like to use this as a memory tool because I know how dreams work; I know they're based on reality, not imagination, and I know that they're tools with which people can get a handle on the 'real world.' With dream images, people can learn to integrate the trauma into their experience. [Dreams] give them a way to symbolize them to begin to incorporate them into their general view of the world."

Hypnosis

The most commonly used technique in UFO circles is also the most misunderstood, according to Mundy. "Hypnosis can be very useful in helping people, if used properly, because it gives the person permission to be right brained, as all these projective techniques do. If you say 'I'm going to tell you a joke, or a dream, or I'm going to draw you a picture,' it removes the element of criticism—it's another way to be free of social [restrictions]. If you tell someone you're going to put them into a trance and then you want them to tell you what they think, they're going to be a lot freer to tell you what's on their mind and begin the process of healing."

Therapy vs. research

Even more than the other projective techniques, with hypnosis there is a tendency for the patient's suggestibility to skew memories, however, so the "truth" of the testimony should not be the focus as much as the person's recovery, Mundy feels.

"A therapist is not a researcher in the sense of a reporter, and a reporter and a therapist have two

very different functions. A therapist may have to find out some things, but they're very different roles, and I think that's where this field's gotten into trouble with hypnosis. I'm a little prejudiced here, because I'm a therapist, but I think it should be used as a therapeutic technique, not an investigative one."

In the interest of patients' well-being, Mundy would like to see more sensitivity on the part of all interviewers, comparing their plight to that of typical rape victims, who are interviewed by ten different authorities with no interest whatsoever in helping victims feel better or cope with their experience. "There are certainly ways to interview people which are not so invasive that they cause even more trauma," Mundy says.

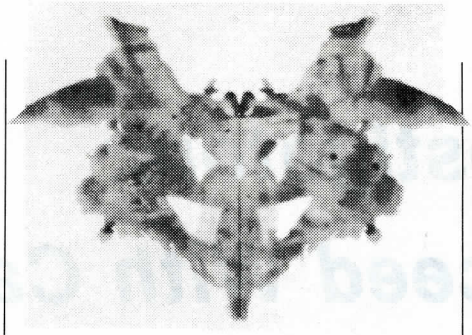
"I taught interviewing on a Ph.D. level, and it really is an art—there are so few skilled interviewers, and people have no idea how erroneous their results [can be] because of their lack of skill—it's just appalling." For instance, she says, some interviewers think that if they ask the same question four different times and get four different answers, then somehow none of the answers are true. "That's ridiculous," says Mundy. "The patient will give different answers in that circumstance because he will think the first answer he gave wasn't the answer you wanted.

"Also, all this talk about not leading the witness is ridiculous. *Any* question is a leading question. You just have to realize which *way* it's leading—in which ways you may be narrowing or leading them to a certain perception, and then adjust for that."

Existential dilemma

The irony, Mundy says, is that the "truth" is probably unknowable anyway, at least as gleaned from individual testimony. "Our senses act as filters to reality, and the ego is the biggest filter of them all. As a psychologist, the more you study each sense the more inaccurate you find that we are. It's a miracle that we can function at all; there's no such thing as accurate reporting of reality on any level by any human being. Anyone who's ever used instruments knows that. . . "

For the scientific community to try to determine "what's really going on" with the phenomenon, she says,



Rorschach ink blot

we must fall back on the standard tools of science, which are better than our senses—instruments, which are supposedly calibrated, cameras, radar devices and electronic devices to analyze patients' reactions. "Taking many, many cases is also a useful tool, trying to get an average as a basis for research," she says.

"But on a case-by-cases basis, the best interviewer in the world isn't going to be able to determine the truth, *per se*. If they're good, they're going to be able to determine *that person's* truth, which is operating according to that person's individual set of delusions. We all operate according to our delusions, and we all want to maintain our view of the world. We'll do our darndest to make our view of what's happening match what we already know. We have to do that so we can function, but to that extent we're limited from being objective."

UFO reality?

"Rather than 'seeing is believing,' the maxim should be 'believing is seeing,' because unless you have an idea of what something is, you can't, literally, see it. Children spend the first couple of years of their lives trying to learn what's out there, because none of it registers at first.

"Another good example is someone who's gotten their vision back after being blind—they can't tell the difference between a square and a triangle unless they feel it. Even though it's right there in front of them, they can't see it because it's not an idea they can relate to—it's too foreign to them to recognize.

"With UFOs we have a massive problem, even if we had the 'perfect witness,' because they appear to change shape—we're dealing with a crypto-pseudo form. How can humans relate to a reality that changes before one's eyes? And the same goes for the aliens. If we consider the possibility that aliens, with possibly a million more years of culture behind them, would be able to induce hallucinations, how can we cope with understanding how that might work? If I can induce a person to hallucinate by making certain suggestions to him, how much better might they be at this? I tend to think there really are alien influences, because their 'techniques' are so much better than ours—they're doing all kinds of things to people that other people can't do.

"After three years of very intensive work, I know less than I knew before about all of this—whether they're from another time zone, or another level of reality, or if perhaps we're even making them happen, or contributing to their manifestation somehow. I have more hypotheses now than ever."

Coping 'delusions'

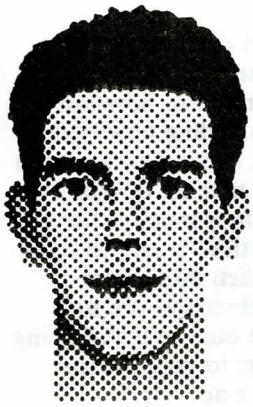
What she does know, she says, is how to help the victims cope with what has happened to them.

The typical methods for accomplishing this end are psychotherapy and role playing—talking cures in which the patient integrates the experience by changing their views, changing history, so to speak.

"The best method for this is neuro-linguistic programming, which is a set of techniques that can produce what look like miraculous cures in a few hours," she says. The idea is to analyze how people communicate, not only with others but with themselves, and get them to alter their inner monologue.

"If the person's world view can be expanded so that their ego is no longer threatened by reality, then they no longer have to be on the defensive and they'll be able to see whatever it is. I try to give them a safe space, to reassure them that whatever's happening is OK. I'm sure, personally, that it is—that's my belief system. It's a delusion like all belief systems, but it is a delusion that works better than any other.

"I'm absolutely, totally convinced that the universe is simply marvelous, and God knows what he's doing, and all's right in the heavens, and that makes it possible for me to convince my patients that it's OK for them to tell me about whatever horrendous events have happened, because I feel that even these horrendous events are OK! And then they can go deal with it from a position of security."



Investigators: Proceed With Caution

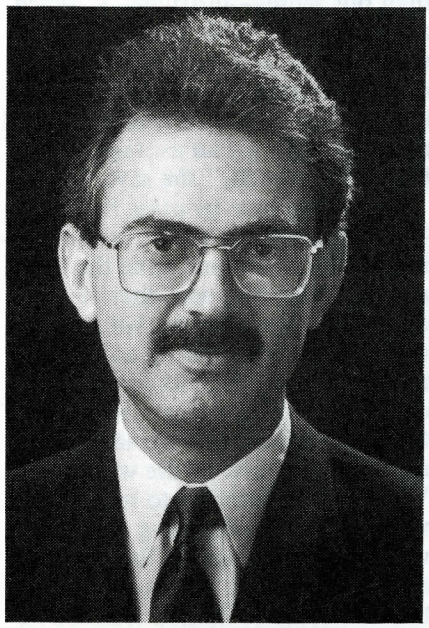
By Ed Conroy

As a reporter who has spoken at length with a great many people in the North American UFO community, I have come into contact with a number of UFO witnesses who took strong exception to the manner in which they were treated by several prominent UFO investigators, some of whom were associated with major UFO organizations.

Having had more than a few strange experiences in the course of investigating Whitley Strieber's life and work, I felt that I could relate to their stories. I began to dig more deeply into the manner in which witnesses are treated by UFO investigators, the media, and the mental health profession.

Disturbed by what I observed, I wrote an essay entitled "UFO Organizations and Witnesses: A Difficult Relationship," which was published in the Winter, 1990 issue of ***The Communion Letter***, a quarterly publication that attempts to serve as a voice for people whose lives have been affected by UFO-related encounters. In that essay I told (with permission) the story of Elaine Bennett, a woman who illustrates a serious problem common to many UFO witnesses. In search of understanding, they often agree to be "studied" by a UFO investigator, often undergoing hypnotic regression outside a program of psychological therapy, hoping that in so doing they will find some of the emotional support they need.

Far more than one UFO witness, however, has related to me experiences in which even prominent UFO investigators have told them their experiences were not valid, since they did not fit into the investigator's ideas of the stages of a classical "UFO abduction." (I refer to certain investigators' inadequately substantiated belief that all "real" interactions between "aliens" and humans occur as an "abduction," and follow an "ABCDEFG" order as a set sequence of events.) Other witnesses have told me that investigators "ordered" them not to read certain UFO-related books, in order not to "contaminate" their minds, adding that those investigators generally tended to behave in an authoritarian manner toward their subjects.



Ed Conroy

While some investigators conduct support groups for the people who are attempting to understand their UFO experiences, my conversations with witnesses have led me to question the dynamics of such groups when they are continuously "led," in person, by an investigator who has fixed, unchanging ideas about the UFO phenomenon. Under some circumstances, such groups could turn into settings for the use of subtly coercive mind control techniques by persons interested in satisfying their unmet personal needs via the group's members.

There also currently exists something of a controversy over the extent to which licensed mental health professionals should involve themselves in such support groups and in therapy with their members. That subject is enough for an essay in itself, but without intending to add fuel to the fire, I offer an observation. It is in the essence of support groups that they are essentially self-help associations. Anyone who has ever attended such a group for, say, people who get into co-dependent relationships—as I have—will notice that some of them do not necessarily need a single "authority figure." Their leaders shift from meeting to meeting.

In short, most UFO witnesses I have met need one another more than they need a psychiatrist. They simply need to know they aren't alone, that UFO experiences, even should they involve strange psychic elements, are within the range of healthy human experience—as they most certainly are. That is not to say that there isn't a role for professional helpers, but it should not be confused with one of the witnesses' primary social needs: to share their stories with peers who respect them.

I mention this point because I feel that three things must be observed regarding UFO witnesses and their social status in the American UFO community.

First, until recently the record shows that witnesses have often been considered an embarrassment to "serious" folk interested in UFOs, especially those people quixotic enough to believe that they could force Congress to conduct some kind of revelatory UFO investigation. As a result, it has been only within the past two years that

the leaders of MUFON, the country's most prominent UFO organization, even began to talk about sponsoring support groups for UFO witnesses.

Secondly, UFO witnesses have rarely been listened to without a climate of unwarranted sensationalism, which has been exploited by the tabloid press and television talk shows in an effort to increase their circulation and ratings. While witnesses have a right to talk to their hearts' content anywhere they want, I believe that we have now reached the point where television producers and tabloid editors simply regard UFO witnesses as more of their staple "wierdos." It is now impossible to have a sensible discussion of the subject on mainstream television, and UFO investigators who continue to try to use TV talk shows and "gee whiz" documentaries to bolster their credibility are seriously deluded about the nature of the medium. Television generally wants hot sensation, not cool reflection. The tabloids continue to report on UFO witnesses with the same abandon as they do reports of people who eat glass or have two tongues, often apparently inventing stories outright. The result of this sad situation, I find, is that the country's most prestigious newspapers and magazines are more loathe than ever to do serious, in-depth UFO feature stories, and our national dialogue on the subject is impoverished.

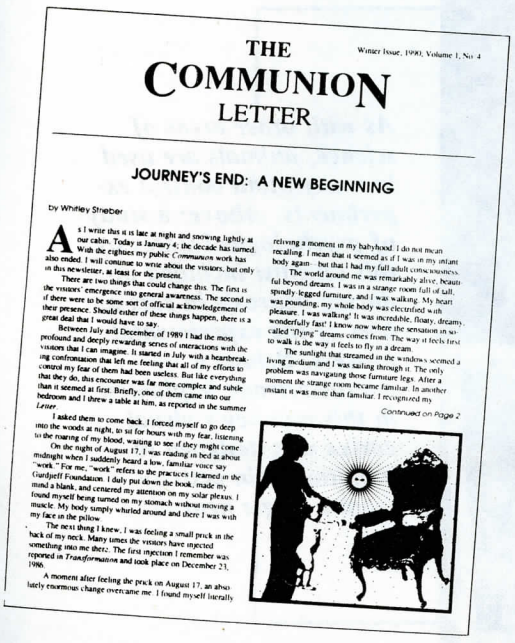
Thirdly, given governments' continuing official denials of the UFO phenomenon, ordinary people are in a conundrum regarding any and all authority in this society. This affects their relationship with the mental health community, in particular. The psychiatric profession's standard diagnostic manuals do not yet recognize the UFO phenomenon as a real, objective source of psychological change in individuals. It is consequently still easy for many persons, especially those on the lower end of the educational and economic spectrum, to find themselves diagnosed as suffering from any of a variety of delusions or pathological conditions. Such diagnoses still carry a social stigma equivalent to having served time as a convict in a penitentiary, resulting in ruined lives.

The psychiatrists, psychologists and others who are working to change this situation for the better deserve our support, but witnesses also need to really know that they are being listened to in a serious, dynamic way—not merely being tolerated like children when they do speak up. Some witnesses I have met have expressed resentment at being seen by investigators and psychiatrists as "victims" of abduction, a term still all too easily used. One must learn to distinguish between professional helpers who wish to keep their clients in a state of dependency, and those who wish to empower them.

I have yet to see much sign of what therapists call "active listening" to witnesses in either the UFO community or the mental health community. Still, there are signs of some hope. People who have had near-death experiences were once largely ignored, but no progressive therapist nowadays dare remain ignorant about the NDE community and its dialogues.

There is a great change happening throughout the world as people begin to lose their fear of unjust authority figures, and the use of psychiatry to simply silence "deviants" becomes harder to accomplish. UFO witnesses need to be seen as part of this wave of honesty and candor, a wave that comes in direct response to the almost intolerable degree of socially accepted lying we all confront every day on the news and in our personal lives. Both witnesses and the mental health professionals who want to help us would be well served by more truly open, active listening—and fewer authoritarian pronouncements on the nature of "UFO abduction"—from American ufology's most prominent investigators.

Ed Conroy is the author of "Report on 'Communion': An Independent Investigation of Whitley Strieber's 'Communion,' " (William Morrow & Co., and in the fall of 1990, Avon Books). He has also edited "Combatting Cult Mind Control" by Steven Hassan (Park Street Press, 1988). He writes on the arts, entertainment and the electronic media for the "San Antonio News."



THE COMMUNION LETTER

Winter Issue, 1990, Volume 1, No. 4

JOURNEY'S END: A NEW BEGINNING

by Whitley Strieber

As I write this it is late at night and snowing lightly at our cabin. Today is January 4, the decade has turned. With the eighties my public *Communion* work has also ended. I will continue to write about the visitors, but only in this newsletter, at least for the present.

There are two things that could change this. The first is the visitors' emergence into general awareness. The second is if there were to be some sort of official acknowledgement of their presence. Should either of these things happen, there is a great deal that I would have to say.

Between July and December of 1989 I had the most profound and deeply rewarding series of interactions with the visitors that I can imagine. It started in July with a heartbreaking confrontation that left me feeling that all of my efforts to control my fear of them had been useless. But like everything that they do, this encounter was far more complex and subtle than it seemed at first. Briefly, one of them came into our bedroom and I threw a table at him, as reported in the summer *Letter*.

I asked them to come back. I forced myself to go deep into the woods at night, to sit for hours with my fear, listening to the roaring of my blood, waiting to see if they might come.

On the night of August 17, I was reading in bed at about midnight when I suddenly heard a low, familiar voice say "work." For me, "work" refers to the practices I learned in the Gurdjieff Foundation. I duly put down the book, made my mind a blank, and centered my attention on my solar plexus. I found myself being turned on my stomach without moving a muscle. My body simply whirled around and there I was with my face in the pillow.

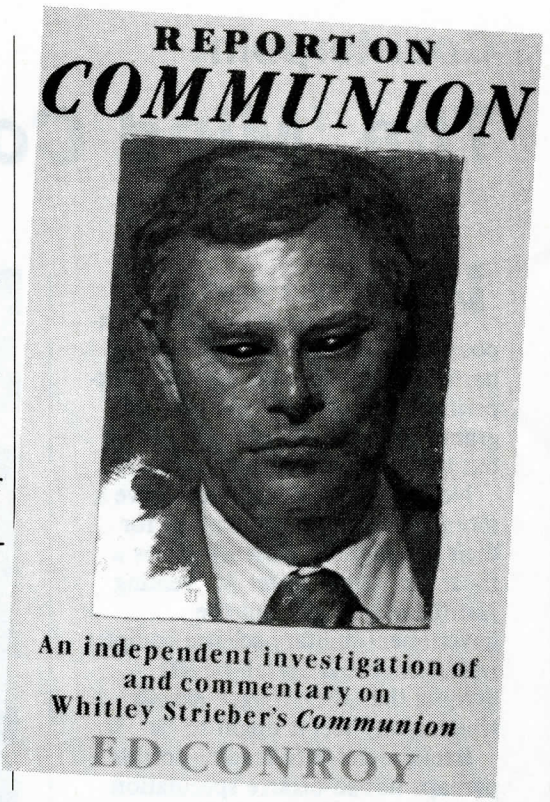
The next thing I knew, I was feeling a small prick in the back of my neck. Many times the visitors have injected something into me there. The first injection I remember was reported in *Transformation* and took place on December 23, 1986.

A moment after feeling the prick on August 17, an absolutely enormous change overcame me. I found myself literally reliving a moment in my babyhood. I do not mean recalling. I mean that it seemed as if I was in my infant body again – but that I had my full adult consciousness.

The world around me was remarkably alive, beautiful beyond dreams. I was in a strange room full of tall, spindly legged furniture, and I was walking. My heart was pounding, my whole body was electrified with pleasure. I was walking! It was incredible, floaty, dreamy, wonderfully fast! I know now where the sensation in so to walk is the way it feels to fly on a dream.

The sunlight that streamed in the windows seemed a living medium and I was sailing through it. The only problem was navigating those furniture legs. After a moment the strange room became familiar. In another instant it was more than familiar. I recognized my

Continued on Page 2



Some witnesses have expressed resentment at being seen as 'victims' of abduction, a term still too easily used.

Counterpoint

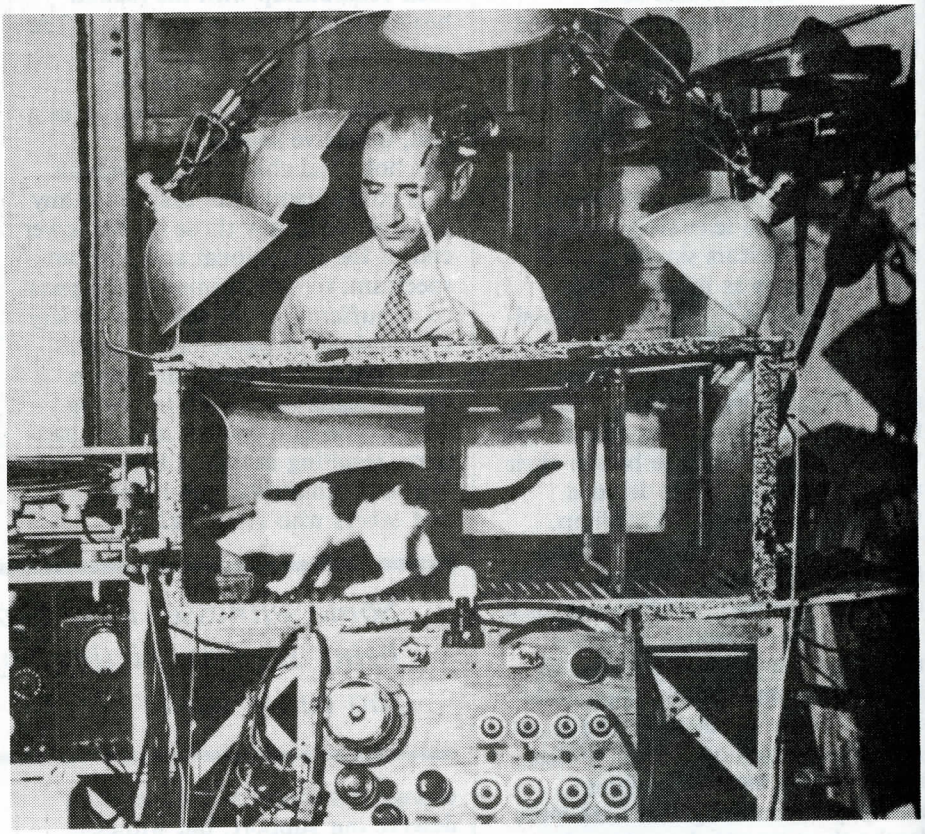
The 'Mind Control' Hypothesis

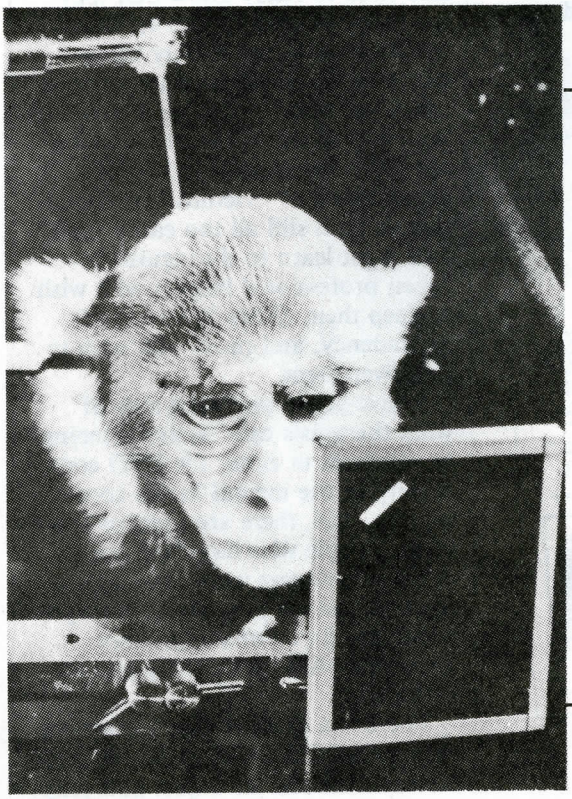
By Vicki Cooper

What if the abduction phenomenon were to be exposed as an elaborate "cover" for particularly Draconian high-tech experimentation—an ultracovert program not by extraplanetary aliens, but that of a very human agency?

Not only would abductees have a more earthbound explanation for their traumatic experiences, plus a far more visible target for venting justifiable outrage, but the government-military-science complex would once and for all be left holding the UFO "bag," exactly where many feel it ought to be.

Background info leading to this perhaps not-so-bizarre speculation has not escaped some UFO researchers. And although the sheer breadth of historical abduction data precludes a strictly linear, three-dimensional, bureaucratic perpetrator, there is sufficient evidence to prove that much of the phenomena related to the standard abduction experience has at one time or another taken place in the lab and field exercises of advanced Earth scientists and technicians, many of whom have been in the employ of the mighty government.





As with other areas of science, animals are used in many mind control experiments. Above: a study of psychological states by this scientist included inducing neurosis in cats as part of the experimental process. Below: a microelectrode implanted in this monkey's visual cortex was designed to monitor brain activity from a single neuron.

Remote control

Abductees saying they wear brain implants of suspected alien origin might want to familiarize themselves with the work of neurophysiologist Jose Delgado, a name that instantly rings alarm bells in conspiracy/mind control circles. Well over 30 years ago, Dr. Delgado, working with the Yale University School of Medicine, successfully experimented with behaviorial control by remote radio stimulation of the brain—via tiny electrodes implanted in the heads of cats, monkeys and even charging bulls. In one 1964 experiment, an angry, oncoming bull stopped dead in his tracks and submissively trotted away when the good doctor pressed a button on a hand-held transmitter. Dr. Delgado expressed particular enthusiasm about the idea of his device, called a "stimoceiver," some

day being used as a tool of social control. The ability to covertly control human behavior is also highly seductive to certain factions of the Central Intelligence Agency.
Over the years, the CIA has indulged in a number of projects and sub-projects specifically aimed at experimenting with new ways to control and manipulate others (And, to be fair, the same—and maybe more of it—is likely done by the Soviets and other nations, motivated, we may assume, by the interests of effective espionage.)

Until the public disclosures by the U.S. Senate's Church Committee in the mid-70s—named after Idaho Senator Frank Church—relatively unchecked CIA scientists blithely carried out near-heinous experiments with drugs and hypnosis (Projects ARTICHOKE and MKULTRA, among others) and graduated to their own applications of Radio-Hypnotic Intracerebral Control (R.H.I.C) and Electronic Dissolution of Memory (E.D.O.M.), fancy terms for remotely-controlled brain implants and induced amnesia.

Intelligence technicians discovered that deft combinations of drugs and hypnosis, or other neurophysical stimuli, could cause subjects to forget whole sequences of personal experience and compel a marked degree of suggestibility to entirely new attitudes and "memories." Electromagnetic stimulation of brain functions could artificially induce a whole array of feelings and sensations, from fear and anger to intense pleasure. Delgado and his counterparts in a number of government and military spy agencies also found a vast behavioral playground in the application of electromagnetic fields (EMF) to the human mind and body.

Microwaveable

The correlations between these clandestine activities and those of the notorious "greys" are obvious, but none are quite as chillingly evident as the results of microwave technology.

Project Pandora, a five-year study by the Department of Defense's Defense Advanced Research Agency (DARPA), was initiated (in 1965) to determine the effects of microwave irradiation on human physiology. This was in the wake of a weird microwave assault on the American Embassy in Moscow, dubbed the "Moscow Signal." To make the long story short, pulsed microwaves are not only capable of producing a host of nerve disruptions and physical illnesses, but scientists eventually found that microwave signals have the power to mimic reality in truly ominous ways. Said a 1976 report by the Defense Intelligence Agency, "Sounds and possibly even words which appear to be originating intercranially can be induced by signal modulations at very low power densities."

MAX HEAD DOOM—Pulsed microwaves—invisible and virtually undetectable—can produce illness, and are also said to cause sounds which seem to originate inside one's head.

Suddenly, voices in the head—typically the purview of mystics, channelers, schizophrenics and abductees—take a new, more rational turn. Low-frequency microwaves are also known to cause audible clicks and buzzes like those sometimes heard by witnesses just prior to an alien abduction, and have left the kind of burn marks similar to those which have appeared on numerous UFO witnesses.

Worst case scenario: civilians all over the world used as experimental subjects in a massive and fiendish covert operation designed to perfect an invisible weapon, one able to confuse, deceive and disempower single individuals or whole populations—all at the whim of merciless, amoral, but quite human predators.

For all its inherent admissibility, this Machiavellian scenario is hard to prove out. Abduction phenomena have been so longstanding and in some ways so globally ubiquitous and varied that no earthly agency or agencies, regardless of technological expertise, can be singled out as the final mastermind behind the "alien" plan. A more sensible answer would be the most obvious: alien experimentation. Nevertheless, the degree of government UFO secrecy and disinformation has been equally longstanding and ubiquitous. Why?

Notably, even where they are willing to speak up on other aspects of ufology, government representatives almost unanimously refuse to comment when it comes to abduction.

If those in authority have any involvement in the abduction and unsanctioned biomedical experimentation of unwilling subjects, then precedents for such involvement are easily documented.

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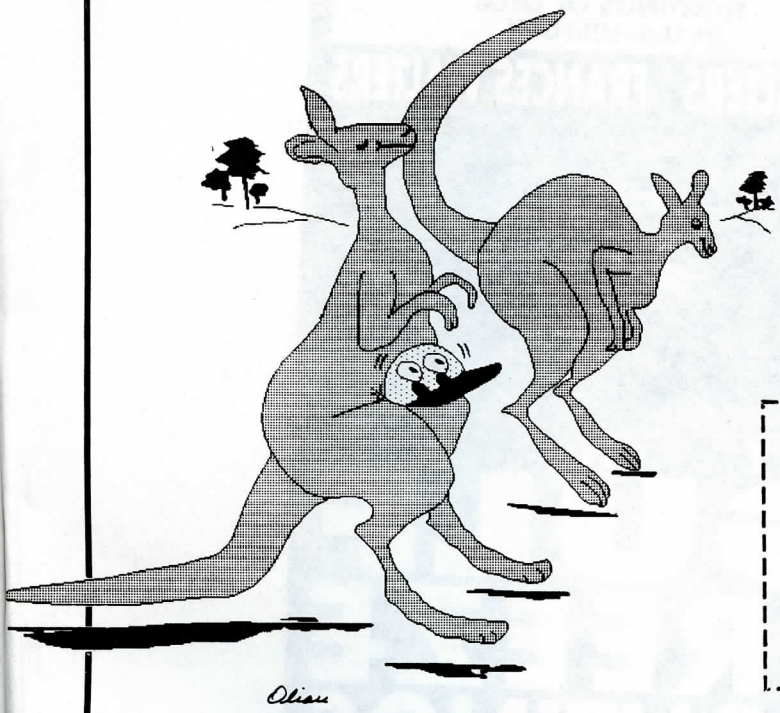

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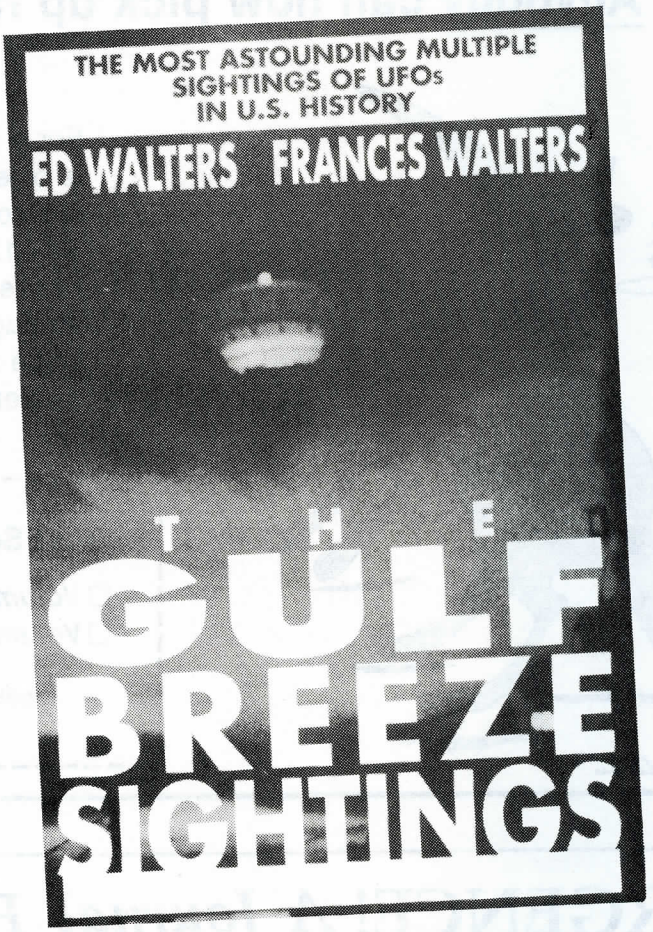
BOOK REVIEWS

THE GULF BREEZE SIGHTINGS

By Ed Walters, New York: William Morrow & Co., 1990. 348 pp.



On November 11, 1987, Ed Walters—self-described "builder-developer . . . (and) . . . prominent citizen" from the little town of Gulf Breeze on Florida's west side near the Pensacola Naval base—saw a UFO, took five Polaroid pictures of it, and was allegedly zapped by a "blue beam" in an apparent abduction attempt.

Over the next 5½ months (the sightings ended on May 1, 1988), Walters had 19 (!) more "close encounters," took more photographs and a brief videotape, allegedly was abducted, was investigated up, down and sideways by investigators from MUFON (he passed two polygraph tests) and saw his pictures pass muster with optical physicist Dr. Bruce Maccabbee.

Walters also weathered assaults on his integrity by skeptics who, failing to find holes in his story, frustrated by favorable lie detector tests and unable to duplicate his "hoax" pictures, turned to character assassination, using false evidence to "prove" he was lying. Interestingly enough, the strongest skeptical attacks came not from CSICOP (Citizens for the Scientific Investigation of Claims of the Paranormal) but from within the UFO community itself.

The Walters story is told diary style, switching between Ed's encounters and Frances' observations of Ed, and their discussions about going public with their story and the possible ill effects publicity would have not only on them, and on Ed's business, but on their son and daughter. Concern about negative peer pressure on their children is a constant theme throughout the book. Following Ed and Frances' account of their half-year ordeal is a lengthy investigative report by Maccabbee plus his personal assessment of Ed himself. Maccabbee has satisfied himself (and MUFON as well) that "there is no evidence of a hoax . . . the photos in this book are authentic . . . (and) . . . show unconventional aerial craft that have appeared over Gulf Breeze, Florida, and surrounding areas."

The text is not only profusely illustrated with Ed's color photos (there's a dramatic shot of Frances dodging a "blue beam" as she lunges into the house), but with copies "light blasted and enhanced" as part of Maccabbee's investigation. Daylight photos of some of the "encounter" sites are also included, as are sketches of one of the UFOs and a drawing of an "alien entity" allegedly seen peeping into a window of Ed's house.

For me, however, the dominant image is not of UFOs (which, frankly, remind me of Japanese lanterns) but of Ed, naked but for a towel around his waist, standing with upraised fists, screaming "why me?" into an indifferent night sky.

And there's the rub. It doesn't bother me, as it does one skeptic, that Ed and Frances don't publicly speculate on the possible "cosmic meaning" of their UFO encounters; no, what bothers me is, "Why Ed?"

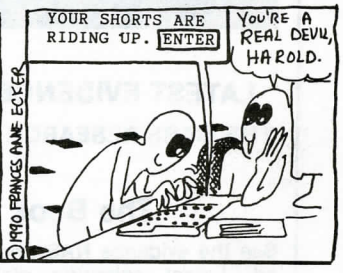
In one appendix, MUFON's director Walt Andrus speculates that the intelligences controlling the UFOs picked Ed so his encounters (and presumably his photos) would provide the scientific community with a UFO case they could accept as genuine.

But that speculation collapses, it seems to me, when you ask why aliens would come zillions of miles to Earth only to skulk around a small town at night, presenting the natives with underilluminated photo opportunities. The aliens want recognition? Why not a daytime flyby of Cape Canaveral 30 minutes before a shuttle launch and therefore in full view of not only NASA's scientists, engineers and technicians, but assorted politicians and representatives of the world press, too? Who would argue with such an array of witnesses?

While I can't put my finger on it, I think there's something wrong with the Gulf Breeze affair. I am reminded of the warning frequently given by bunco squad detectives: "If it sounds too good to be true, it probably is." Gulf Breeze sounds too good . . . —*George Earley*

HUMOR

GREY MATTER by ECKER



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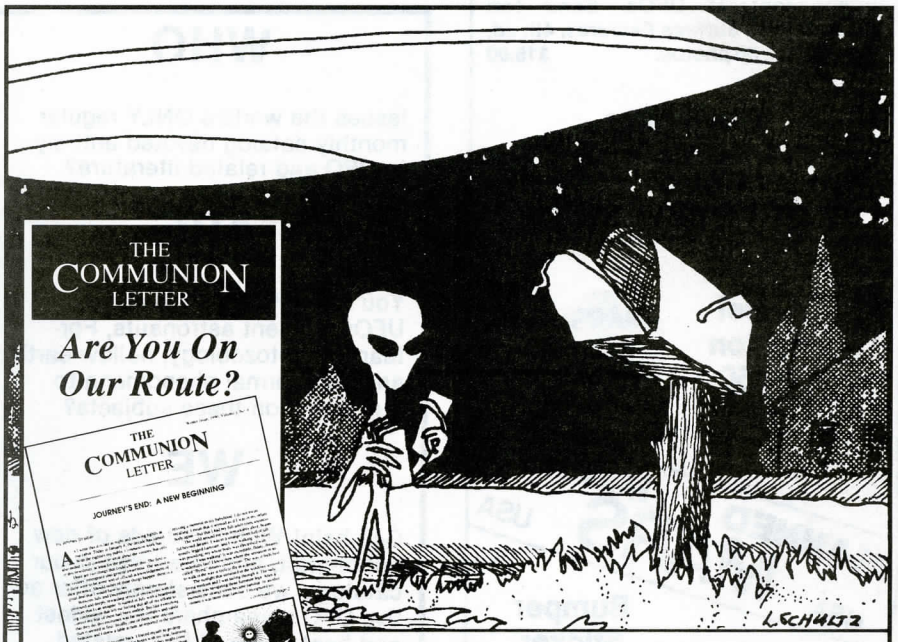

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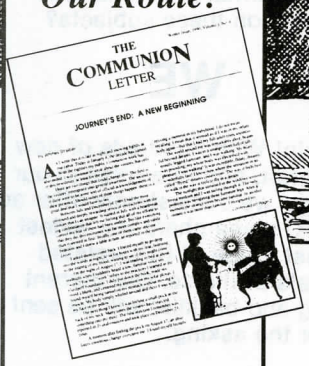

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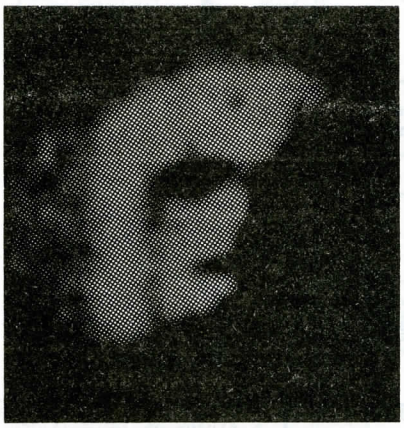

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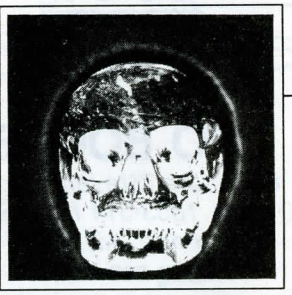

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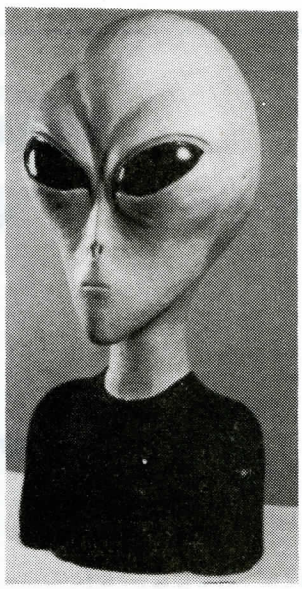

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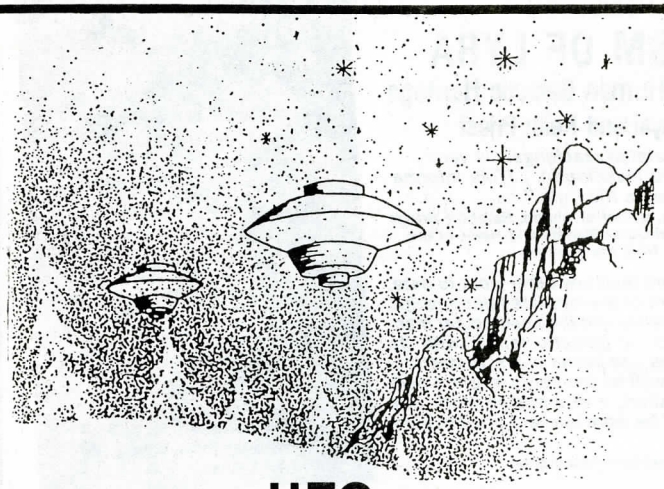

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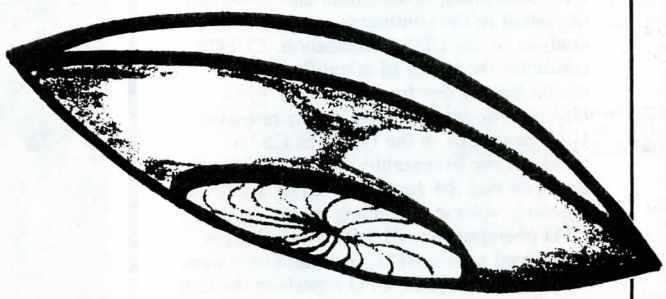

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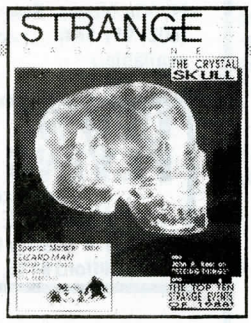

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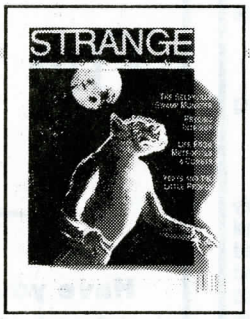

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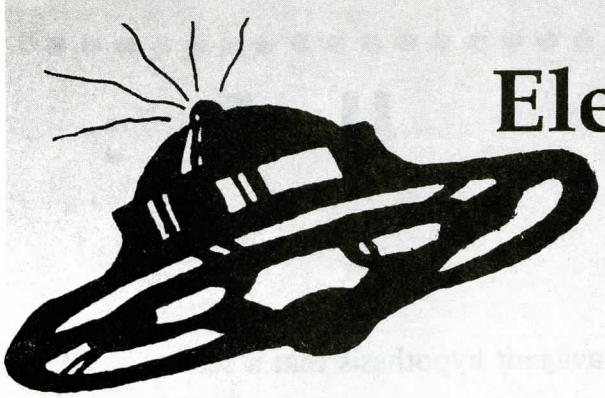

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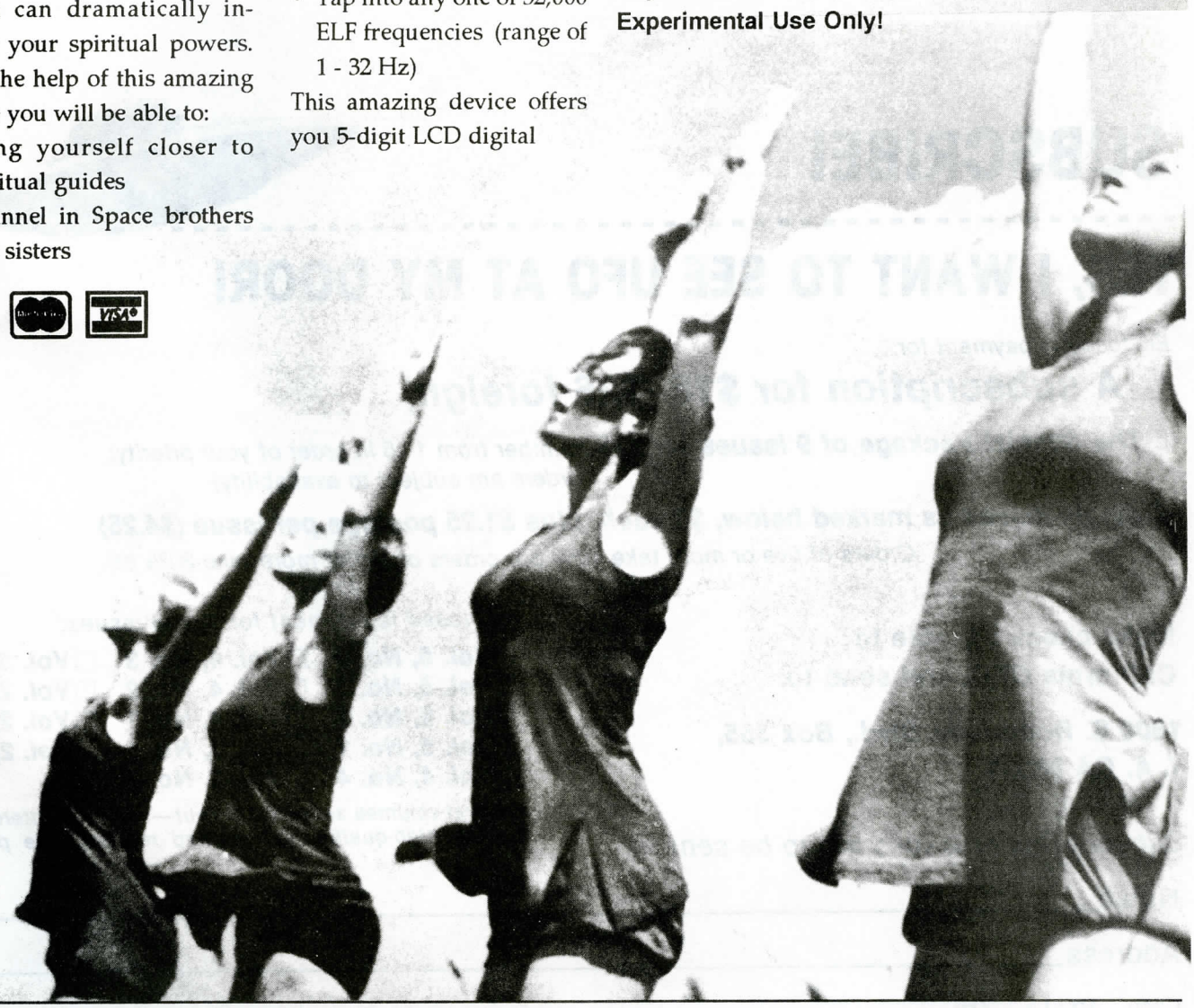

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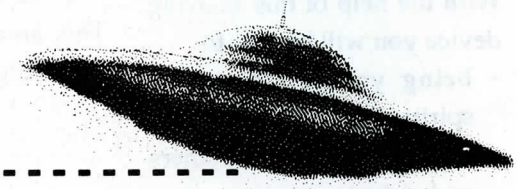

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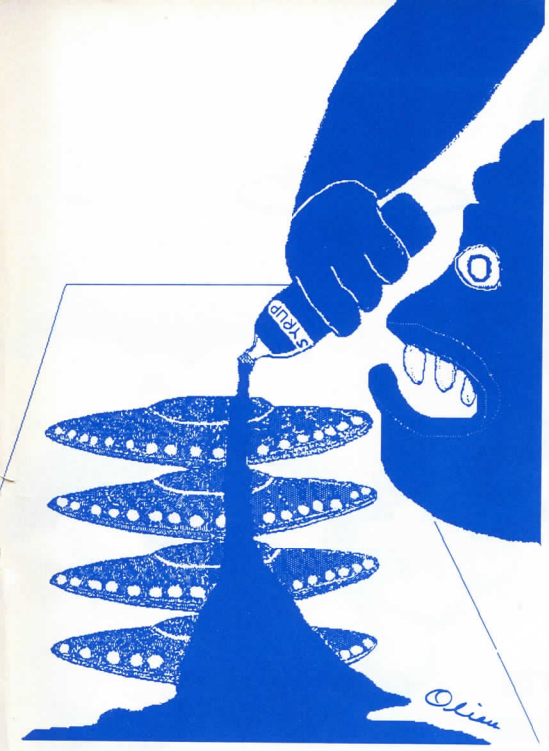

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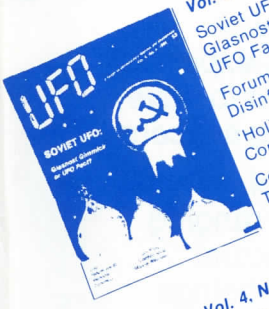

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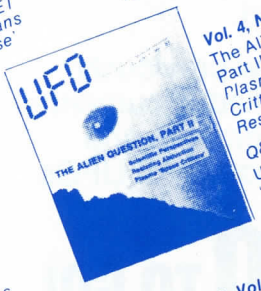

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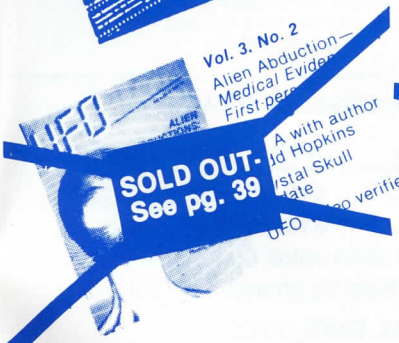

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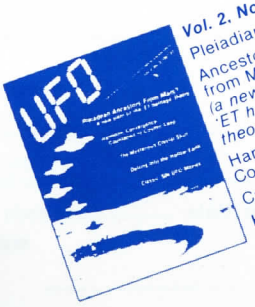

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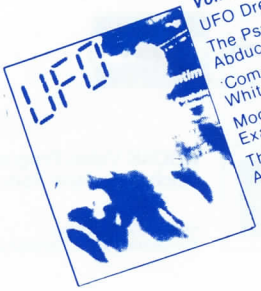

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